

Thanks for Previewing!

Risk Factors for Drug Addiction Lesson

6th-12th Grade



Health Education Today

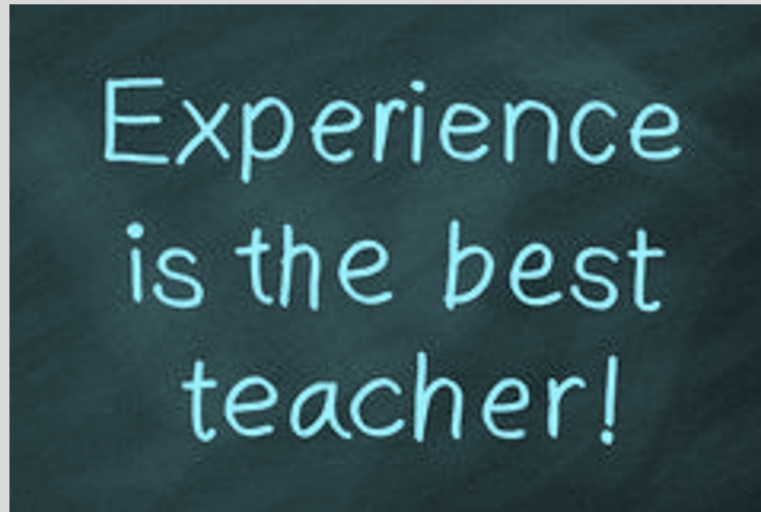
Health Education Today

Risk Factors Lesson for 6th – 12th Grade



1. This Program's Creator is a Qualified Teacher

- ◆ I am a **National Board Certified Teacher** with a **Master's of Education Degree** and I have **19 years of experience** teaching Health.



- ◆ Lessons were created, taught, revised, updated, and **perfected** according to trial and error, students' responses, and collected data!

2. The Program Meets Educational Health Standards:

◆ It meets Common Core Standards.

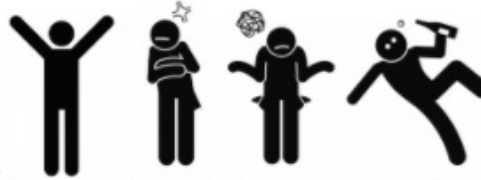
(For Technical Subjects 9/10 Grade level)



◆ It meets National Health Standards

3. Docs NOW ON GOOGLE DRIVE!

Stages + Risk Factors for Addiction



Do I, or does my friend

Experimenter Regular User Preoccupied Addict

Guess 5 things a child/teen might go through to cause them to turn to alcohol/drugs:	Guess the answers to the PowerPoint Quiz:	Write in the Risk Factor from the PowerPoint:
1 x	1. x	x
2 x	2. x	x
3 x	3. x	x
4 x	4. x	x
5 x	5. x	x
	6. x	x
	7. x	x
	8. x	x
	9. x	x
	10. x	x



Name: x Period: x Date: x
Day 1: "Intervention" Show Risk Factors

Risk Factor:	Signs of this risk factor in the alcoholic (Ryan):	Signs of this risk factor in the boy addicted to Heroin/Xanax (Jason):
1. Family Genetics	x	x
2. Stress / Problems in your life	x	x
3. Early Use of Drugs	x	x
4. Childhood Trauma (divorce, death, abuse, moving, etc.)	x	x

4. Standards are at the Beginning of Each Lesson:

Day 1: Risk Factors for Addiction / Intervention

[return to table of contents](#)

Washington
State
Standards

Common
Core
Standards

Content
Learning
Target

Optional:
Exit Task

WA State Standards Met:

- Analyze personal dimensions of health and design a plan to balance health. H1.W1.HS
- Analyze prevention, lifestyle factors, and treatment of communicable and non-communicable diseases. H2.W2.HSa
- Assess personal risk factors and predict future health status. H2.W2.HSb
- Analyze why individuals choose to use or not use substances. H1.Su1.HSa
- Analyze how addiction and dependency impact individuals, families, and society. H1.Su2.HSb
- Predict potential short- and long-term outcomes of a personal health-related decision. H5.W6.HS
- Predict how a drug-free lifestyle will support achievement of short- and long-term goals. H6.Su3.HS
- Understand how codependency relates to substance use and abuse. H1.Su4.HS
- Differentiate classifications of substances. H1.Su1.HSb

National Standards Met: 1.12.1, 1.12.2, 1.12.3, 1.12.4, 1.12.5, 1.12.7, 1.12.8, 1.12.9, 2.12.1, 2.12.2, 2.12.3, 2.12.4, 2.12.5, 2.12.7, 2.12.8, 2.12.9, 2.12.10, 5.12.1, 5.12.2, 5.12.4, 5.12.5, 5.12.6, 5.12.7, 7.12.1, 7.12.2, 7.12.3

Common Core Standards Met: Reading 3, 4 / Writing 4

Materials Needed:

PowerPoint	-Lesson PowerPoint	
Printed Materials	-“Risk Factors Survey” -“Intervention Video Review Worksheet”	-Print 1 for each student -Print 1 for each student
Learning Target	Content: I will learn risk factors for addiction.	Behavioral: I will recognize risk factors and work to overcome them.
Exit Task	-Have students get with a partner and share notes they wrote so far on the video review.	
Assessment	-“Intervention Video Review Worksheet” will be turned in and graded. -Students are self-assessing with the “Risk Factors Survey.”	

My State Standards Met:

Your
Own State
Standards

National
Health
Standards

Materials
Needed

Behavioral
Learning
Target

Optional:
Lesson
Assessment

5. Full Step-By-Step Teacher Directions

Day 1: Risk Factors for Addiction / Intervention

[return to table of contents](#)

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1. **ARIAL FONT MESSAGE:** This is a place marker only.

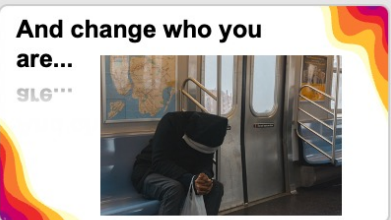
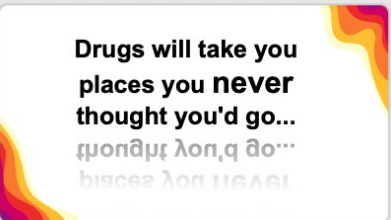
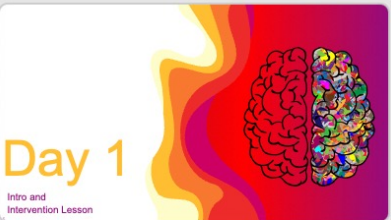
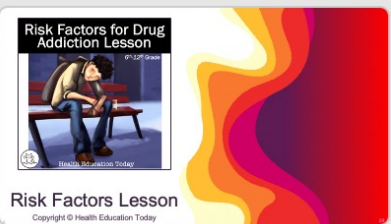
2+ 3. **TITLE SLIDE and DAY 1 SLIDE:** Have the “Drug Unit” PowerPoint title slide up as students come into your classroom. The Day 1 slide is just a marker to help you see what lesson you are on!

4+5. **DRUGS WILL TAKE YOU and CHANGE WHO YOU:** Open up the unit by talking about this theme that will run throughout the drug unit, that drugs change you are and the path you will take in the future.

6. **TWO PATHS:** Discuss this idea. In high school students will face many choices, and at some point, if not already, they will have a choice and will need to decide to take the path to use drugs or not to use them. It’s a pretty sure bet that fork in their life will come, if it hasn’t already.

7+8. **FROM THIS and WOMAN WHO TOOK DOG’S MEDS:** Talk about how a teen’s values change. This woman who used dog medications would have never sat in a high school class and seen this for herself in her future.

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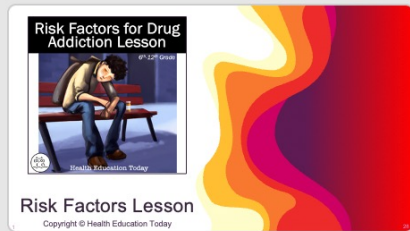


6.

Risk Factor PowerPoint Walks

You Through the Lesson!:

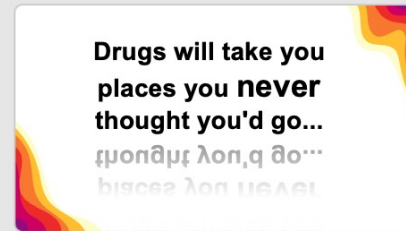
88 slides



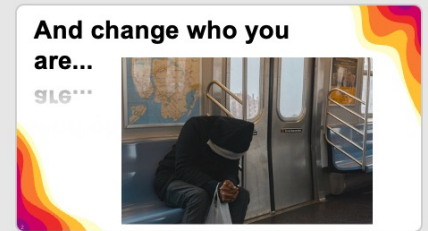
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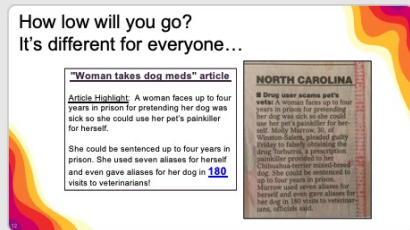
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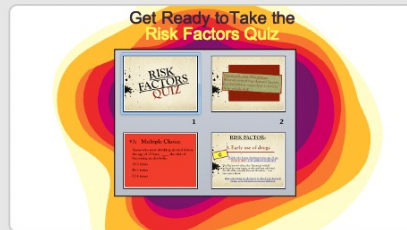
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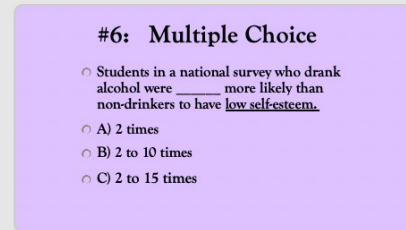
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6



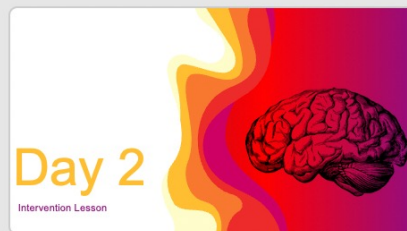
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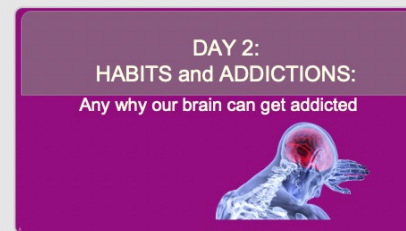
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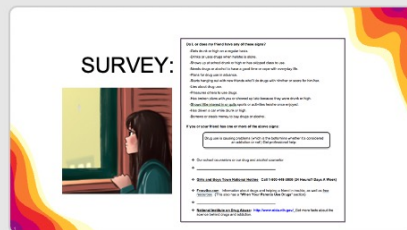
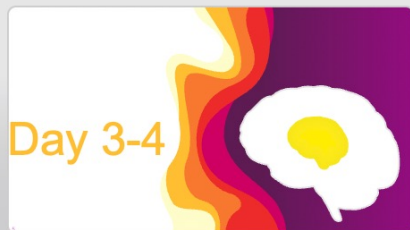
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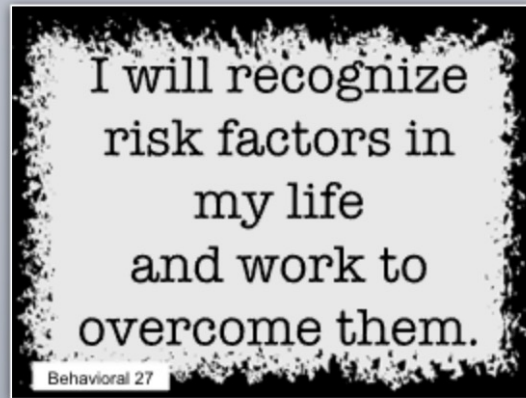
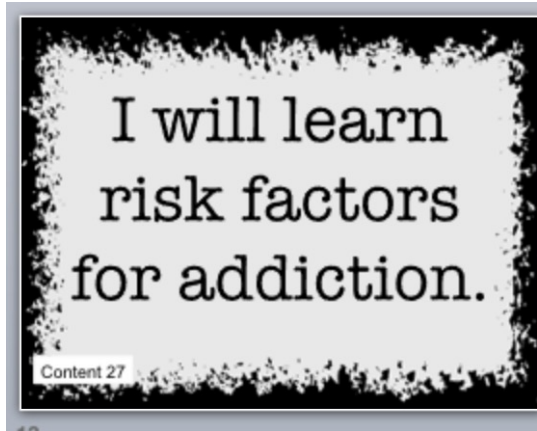
11



12



7. Use “Learning Target Posters”



Risk Factors for Addiction Quiz

#5: True / False

It takes half as much
alcohol to damage a
teen's brain as it
does an adult's brain.

RISK FACTOR:

**5. Drinking before
the age of 15**

True!

It takes half as much alcohol to
damage a teen's brain as it does an
adult's brain.



8. More Docs Included:

Drugs and the Neurotransmitters they affect: Neurotransmitters are chemical messengers in the brain. Some psychoactive drugs (where mood or behavior is altered) mimic our neurotransmitters and some actually use our own neurotransmitters. Either way, this causes all kinds of abnormalities and problems.

Drug:	Neurotransmitter:	Effect:
Narcotics: Oxycodone (Oxycontin), Darvon, Hydrocodone (Vicodon), Percocet, Heroin , Morphine, Codeine, Valium, Xanax, Diazepam, and more...	Dopamine	-Dopamine controls movement, enjoyment, mood, motivation reward <u>-Interfering with our dopamine and then stopping causes fatigue, depression, and a lack of drive and motivation.</u>
<u>Why teens may choose to use:</u> for pain, to escape, for confidence, for anxiety, as a sedative,...	Endorphins	-Endorphins act as the brain's natural painkiller. <u>-Interfering with our endorphins and then stopping causes a loss of hope and optimism.</u>



Experimenter:

1. Use may be unplanned
2. "High" is a new feeling
3. Curiosity is a motivator
4. Easy to get high



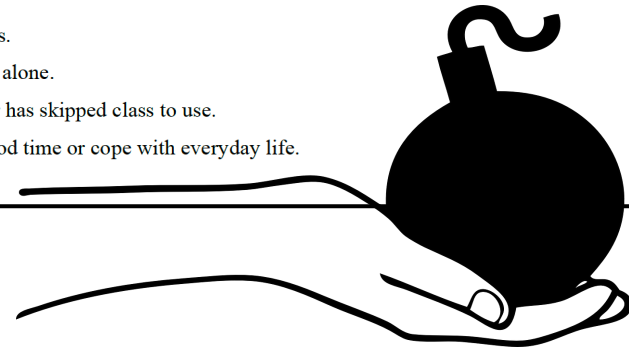
Experimenter

Do I, or does my friend have a drug problem?

Does your friend seem like a different person when she drinks or gets high?
 Has she been letting you down lately and you think it's connected to drug use?
 This can be a difficult situation to deal with, and sometimes it gets worse before it gets better. Don't make excuses. Talk to them.

Do I, or does my friend have any of these signs?

- Gets drunk or high on a regular basis.
- Drinks or uses drugs when he/she is alone.
- Shows up at school drunk or high or has skipped class to use.
- Needs drugs or alcohol to have a good time or cope with everyday life.
- Plans for drug use in advance.



9. This Program is all About the Students...

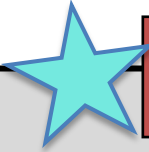
◆ The lessons are classroom and “**kid-tested,**” teacher-approved, and often full of real student examples and responses.

◆ It promotes **high student engagement and interaction!**



◆ This curriculum **challenges and touches the lives of teens!**

10. Buy it Today, Teach it Tomorrow!



Here is what makes this program unique!!

- ◆ This program features highly organized step-by-step teacher directions follow daily PowerPoints, and the directions tell you exactly to say!!
- ◆ **Documents and PowerPoints are editable** and docs are included in both Word and PDF formats.
- ◆ PowerPoints are full of what's trending, photos, and video links teens will appreciate.





About the Author:

- ◆ I've been a certified K-12 Physical Education and Language Arts teacher for many years (19 of those years also include my Health certification). Over my teaching career I've taught all grade levels and a variety of subjects, including: Junior High P.E.; 8th Grade Reading; Elementary P.E.; 9th Grade English; 9th Grade P.E.; High School Aerobics; and 9th Grade Health. I have my Master's of Education Degree in Instructional Technology and I received my National Board Certification in Health.
- ◆ My hobbies include my family, photography, birding, reading, gardening, sewing, hiking, camping, and travelling.

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WA Standards From: <http://www.k12.wa.us/healthfitness/Standards.aspx>

NYC Standards

From: <http://www.p12.nysed.gov/sss/schoolhealth/schoolhealtheducation/healthPEFACSLearningStandards.pdf>

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