

Health Education Today Preview:

-Environmental Community Health Unit -

ENVIRONMENTAL COMMUNITY HEALTH



High School Health Unit

“Great resource. My students were fully engaged throughout!”

**National Board-Certified Teachers
with Masters of Education Degrees
and 60+ years of experience** teaching
K-12 PE & Health, with collegiate
athletic and coaching experience!



Created by
Master Teachers!



A family of
educators,
for educators.



Health Education Today

WHY CHOOSE HEALTH EDUCATION TODAY?

Skills

- To help your teens acquire skills and wisdom to be above unhealthy influences.

Content

- To have relevant, inspiring, standards-based and medically accurate lessons.

Ease of Use

- For an editable program where you can choose to print or work online; using step-by-step directions and PowerPoints for visual student lessons!

The Program Meets Health Standards:

Aligned to National, Common Core, and State Standards!

Common Core State Standards for English Language Arts & Literacy in History/Social Studies, Science, and Technical Subjects ELA College and Career Anchor Standards https://learning.ccsso.org/common-core-state-standards-initiative		
	Writing Grades 9/10	ELA College and Career Anchor Standards for Writing
1	Write arguments focused on discipline-specific content.	Write arguments to support claims in an analysis of substantive topics or texts using valid reasoning and relevant and sufficient evidence.
2	Write informative/explanatory texts, including the narration of historical events, scientific procedures/ experiments, or technical processes.	Write informative/explanatory texts to examine and convey complex ideas and information clearly and accurately through the effective selection, organization, and analysis of content.
3	Incorporate narrative elements effectively into arguments and informative/ explanatory texts. <i>Note: Students' narrative skills continue to grow in these grades. The Standards require that students be able to incorporate narrative elements effectively into arguments and informative/explanatory texts. In history/social studies, students must be able to incorporate narrative accounts into their analyses of individuals or events of historical import. In science and technical subjects, students must be able to write precise enough descriptions of the step-by-step procedures they use in their investigations or technical work that others can replicate them and (possibly) reach the same results.</i>	Write narratives to develop real or imagined experiences or events using effective technique, well-chosen details and well-structured event sequences.



Real Teachers' Reviews endorse This program:

- ❖ "Great resource. My students were fully engaged throughout!"
- ❖ "My students enjoyed this unit and found the information and activities engaging, especially the live population counter. Great topics that students are familiar with but also topics that students were introduced to for the first time."
- ❖ "So glad I stumbled upon this resource. Amazing thank you!"
- ❖ "Excellent quality!"
- ❖ "Thank you i appreciate how thorough you are."



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***Editable in Word and Google Slides!**

Step-by-step Teacher Directions



Your Lesson Planning is Done!

PRINT & ONLINE.

GOOGLE + MICROSOFT + ADOBE +
YOUTUBE + MORE!



PowerPoints
walk you through
the lessons



Teacher Directions: Lead You Through the Lessons PowerPoint.

1. **FONT MESSAGE and TITLE SLIDE:** Be sure you have American Typewriter Font so the formatting on the presentation is correct!

Have the title slide up as students come into class.

2. **DAY 1 and next TWO INTRO SLIDES:** Discuss with your students the huge and overwhelming environmental problems our world is facing. It's complicated, and for the next two days your focus will be to help your students gain an understanding of the issues that our planet is facing, to show them some of the things that are being done to help, and especially you will be able to encourage them on ways THEY can make a positive difference.

3. **VIDEO:** Optional, but this is a good way to introduce your students to this unit. (Be sure to preview-there are a few "political references!")

Sorry (6:00 min.)

<https://www.youtube.com/watch?v=eRLjscAlk1M>

Here are some of the points made:

- Don't be too caught up in our own issues that we ignore our planet!
- Care!
- Beware of "Progress!"
- "An error does not become a mistake until you refuse to correct it." At least try to help correct it.

4. **HANDOUT THE:** Put students into pairs. Give each pair 1 sheet of the "10 Environmental Issues Worksheet." There are two issues on each page. Hand them out in order, so hand the first pair 1-2 then next pair 3-4, the next 5-6 and so on. Then repeat handing out in the same way. If you have 30 students you will have 3 pairs of students working on 1-2, and 3 pairs of students working on 3-4 (because later all the pairs with 1-2 topics are going to join up!) (The worksheet is in the "Docs" folder.)

Hand out these 5 articles first.

1-2
3-4
5-6
7-8
9-10

Then these:

1-2
3-4
5-6
7-8
9-10

Then these:

1-2
3-4
5-6
7-8
9-10

Environmental Health Unit

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Day 1:

Environmental Problems: What Can Be Done?



Environmental Problems: What Can Be Done?

Article Highlights: Our environment is constantly changing. There is no denying that. However, as our environment changes, so does the need to become increasingly aware of the problems that surround it. With a massive influx of natural disasters, warming and cooling periods, different types of weather patterns and much more, people need to be aware of what types of environmental problems our planet is facing.

Video:



Daily PowerPoint Slides:

Environmental Health Unit

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1

Day 1:

Environmental Problems: What Can Be Done?

2

3

Environmental Problems: What Can Be Done?

Article Highlights: Our environment is constantly changing. There is no denying that. However, as our environment changes, so does the need to become increasingly aware of the problems that surround it. With a massive influx of natural disasters, warming and cooling periods, different types of weather patterns and much more, people need to be aware of what types of environmental problems our planet is facing.

4

Video:

<https://www.youtube.com/watch?v=0f7pH0H0>

5

Environmental Problems: What Can Be Done?

Our planet is poised at the brink of a severe environmental crisis. Current environmental problems make us vulnerable to disasters and tragedies, now and in the future. We are in a state of planetary emergency, with environmental problems piling up high around us. Unless we address the various issues prudently and seriously we are surely doomed for disaster. Current environmental problems require urgent attention.

6

Handout "10 Environmental Issues Worksheet":

7

Write Your Reactions:

8

Write Any Solutions:

5

Pair | Share Solution:

Write any solutions you can think of:

- Anything you can do at your house?
- Anything you can do at your school?
- Anything you could ask your family to do?
- Anything you could work on in your community?
- Anything the companies could do?
- Anything agencies or the government could do?
- Anything you've seen or know about that's being done?

Then do Issue #2!

6

Groups Meet Up:

1. Compare "Reaction" words. If you need a few more, copy some you hear.
2. Compare what you thought could be done to start undoing the damage. Copy any good ideas you didn't think of.
3. Each member write in the box, on a scale of 1 - 10 how concerned you are about this issue (1 is not concerned and 10 is super concerned) (You will not be graded or judged by the # you say).
4. Repeat for the second issue on your sheet.

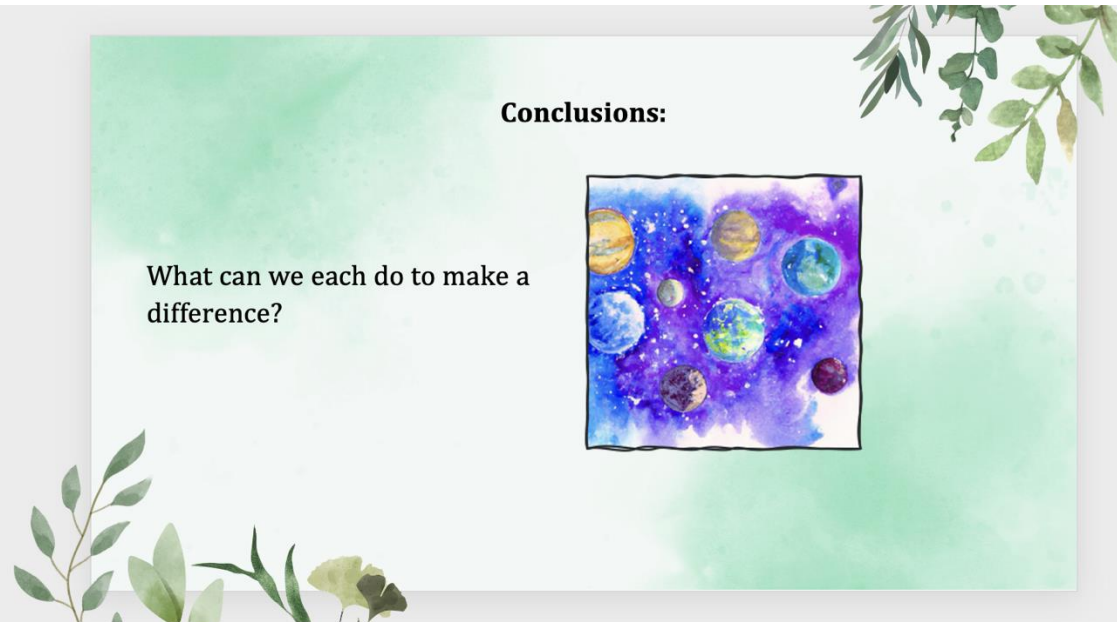
7

Videos:

8

Speaker Notes:

Guides you through each PowerPoint/Google Slide.



17. CONCLUSIONS: You may discuss the topics with your students, get their reactions, and ask what kinds of solutions they wrote down while watching.

If you have more days for this unit, go on to Day 10 below.

If two days is all you can give this topic (the semester goes by so fast with so many topics to cover!) you might at least give your students this activity to do as homework. See Day 4 below.

Engaging Lessons
walk you through
with activities



Examples of Daily Lessons:

1. Population:

Without a doubt the biggest issue facing the environment is over population of humans. All other major environmental issues flow from the very fact that we are over populating the planet.

The worlds population has tripled in the last 60 years placing stress on every aspect of the environment. More land is developed every day to accommodate the urban spread.

In 1950 the population stood at 2,555,982,611 compared to 2012, which it now stands at over 7,000,000,000. The actual math is that the worlds population has increased by almost 3 times. That is staggering when you think about it. That figure is increasing even as we speak!

True Facts: Population growth is a root cause of many environmental and social problems:

- Over 1 billion people do not have enough food and safe drinking water
- Due to population pressure:
- Americans spend an average of 100 minutes a day in traffic.

2. Climate Change:

Climate change is the most recent and most overwhelming environmental issue currently affecting the world. In other words, it is too late to do anything about it.



Names: _____

List your reactions in words:

What can be done to start undoing the damage caused by humans?

List your reactions in words:

Stop blaming yourself for the climate crisis

Opinion by John D. Sutter
Updated 3:44 PM ET, Fri August 13, 2021



Climate crisis to blame for extreme record-breaking conditions 02:42

Editor's Note: John D. Sutter is a CNN contributor, National Geographic Explorer and MIT science is director of the forthcoming BASELINE documentary series, which is visiting four locations on the climate crisis every five years until 2050. Visit the project's website. The opinions expressed in this column are his own. View more opinion at CNN.

Salt Lake City (CNN) — I live in a valley surrounded by jagged mountains -- the same jagged mountains that were the backdrop for the Winter Olympics. This weekend, wildfire smoke was so thick that it blotted out the sun, completely making Utah look like the Great Plains. The sun was reduced to a faint orange glow.

"The Ideal City"



Name: _____ Per: _____ Date: _____

Long-Term Health Goals: Use the "SMART" goals to make sure your goals are specific, measurable, attainable, realistic and time-based.



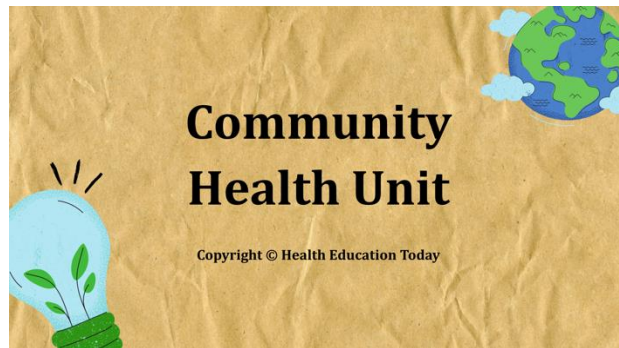
LONG-TERM HEALTH GOALS: In 5 - 10 years

	S	M	A	R	T	What needs do I have to help me with this goal?	What Barriers could hinder me from my goals?
Example: Education	Go to a 4-year college	Go right after high school graduation	Try to get scholarships to help with the cost	Choose a major that I am interested in	Finish in 4-5 years		
Exercise							





Presentations + Student Documents: Located on Google Drive/Google Slides



New Skills-Based Advocacy Community Service Flyers!

Name: _____ Date: _____

Putting skills into practice:

-You will be creating a flyer on 1 of the 10 environmental issues we studied in class.

-Your flyer must explain the problem and also represent a solution to one of the issues.

-Your flyer must have accurate information, be creative, be neat, eye-catching and grammatically correct!

-You must get at least 3 other people to sign your flyer and commit to doing your solution for 1 month!

*If you have a different issue you would like to use, please get an O.K. by your teacher.

Fill in this sheet and tape to the back of your flyer:

The Environmental Issue:

Your suggested solution:

Target Audience (who will be the most impacted by your solution?):

What elements have you included in your flyer that shows the problems?

What elements have you included in your flyer that shows the solution(s)?

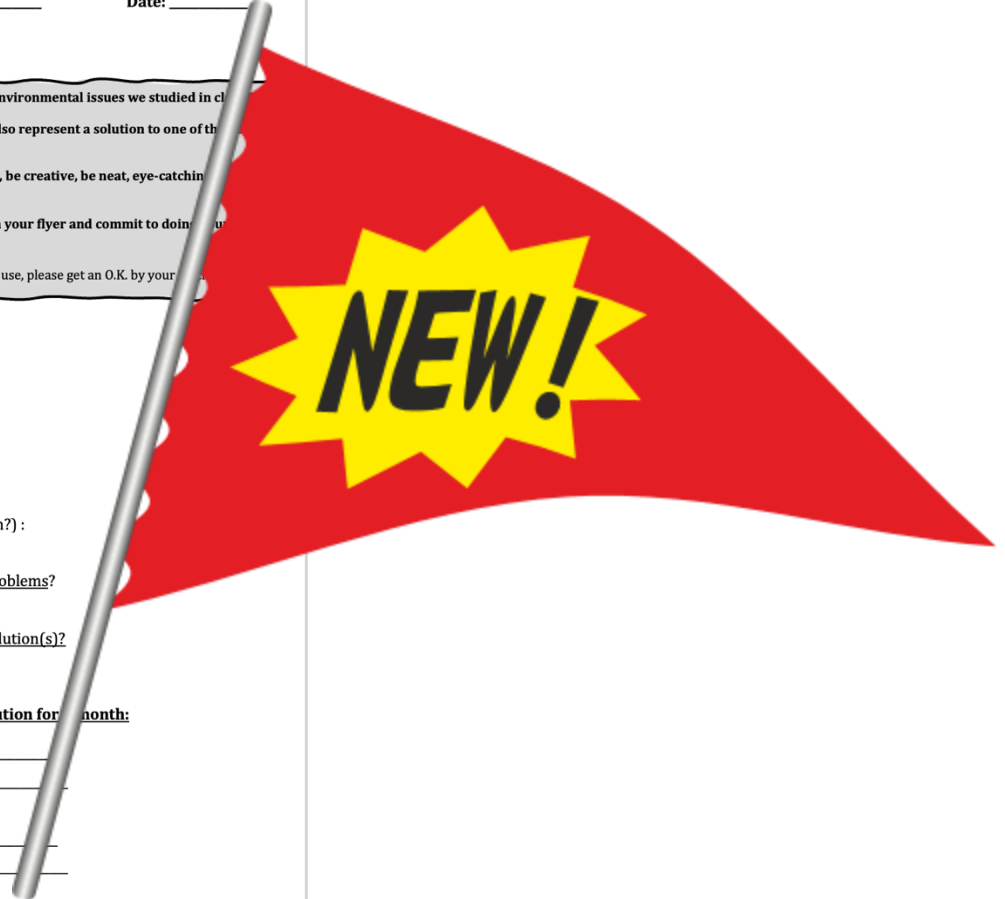
By signing I am committing to trying this environmental solution for 1 month:

Signature #1: _____
Printed Name: _____

Signature #1: _____
Printed Name: _____

Signature #1: _____
Printed Name: _____

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This Program is all about the Students:

- ◆ Classroom “**kid-tested**,” teacher-approved, and full of real student examples and responses.
- ◆ Promotes **high student engagement and interaction**.
- ◆ **Challenges and impacts the mental, emotional, social life of teens.**

Buy it Today, Teach it Tomorrow!



What makes this program unique?

- ◆ This program features highly organized step-by-step teacher directions that follow daily PowerPoints, providing talking points for each slide.
- ◆ **Documents and PowerPoints are editable** to cater to you and your students needs. Documents are included in both **Word and PDF** formats.
- ◆ PowerPoints are full of trending topics, photos, and video links that teens will appreciate.

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Works Cited:

Yosemite Photo by the author:

WA Standards From: <http://www.k12.wa.us/healthfitness/Standards.aspx>

NYC Standards From:

<http://www.p12.nysed.gov/ssss/schoolhealth/schoolhealtheducation/healthPE>

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**Thanks for
previewing!**

