

## Health Education Today – Unit Outline



**Here are a few of the detailed activities included:**

### Day 1 and 2: **Understanding Communicable Diseases**

- -Pathogens, How they're Spread, and How the Immune System Fights Them
- -Bacteria, Virus, Fungus, and Parasites
- -Various Videos
- **-FUN! "Interactive Communicable Diseases Activity"**
- -"Disease and Prevention Chart"
- **-FUN! "Communicable Diseases Card Game"**
- -"Communicable Diseases Worksheet"

### Day 3: **Coronavirus Lesson**

*This resource stays relevant as it's super easy to add events to the timeline and use!*

- Events Timeline included: Show your students how quickly this virus has spread across the world, how people become infected, what the symptoms are; and most importantly, the ways they can protect themselves from getting this virus.
- "Interactive Worksheet" Help students to process events that have unfolded since the outbreak began, and also enable them to empathize with the many people this virus has affected. Easily editable so you can keep on top of changing events.
- "Emojis Cut Out Sheet" are included! ON GOOGLE SLIDES!

### Day 4 and 5: **Understanding Non-Communicable Diseases**

- -World Non-Communicable Diseases Stats
- -Various Video
- -Top 4 Non-Communicable Diseases in the U.S.
- **-FUN! "Non-Communicable Diseases Interactive Folding Heart"**
- -"Ways to Prevent NCD Handout"

- -Online "Personal Risk Assessment Tool"
- -FUN! "Non-Communicable Diseases King's Corner" Card Game
- -"Non-Communicable Diseases Worksheet"

### **Day 6: Cancer Flip-Open Posters**

- -Understanding Cancer -Types of Cancer
- -7 Warning Signs
- -Various Videos
- -Skin Cancer
- -Tanning Bed Dangers
- -Genetic Testing
- -Screening Tests

### **Day 7-8: Choose From:**

- -Diseases Research
- -"Community Health Public Service Announcement Posters"
- -"Health Career Research Project"

### **Day 9-10: Diseases Unit Assessment**

- -"Diseases Unit Assessment and Key
- -Choice of 5 other Different Quizzes
- -Fun Kahoot Links