

Thanks for previewing!

3 Fun Personality Surveys!

4th-12th Grade

Personalities Survey #1

1. Circle your favorite in the following group:

Snack Foods:

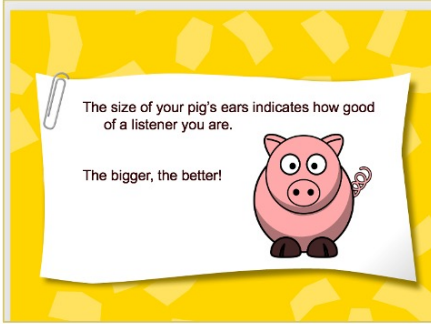
Potato chips
Pretzels
Cheetos
Tortilla Chips
Cheez-its
Beef Jerky



+ Art Projects



1. You are walking in the woods.
Who are you walking with?



The size of your pig's ears indicates how good
of a listener you are.

The bigger, the better!



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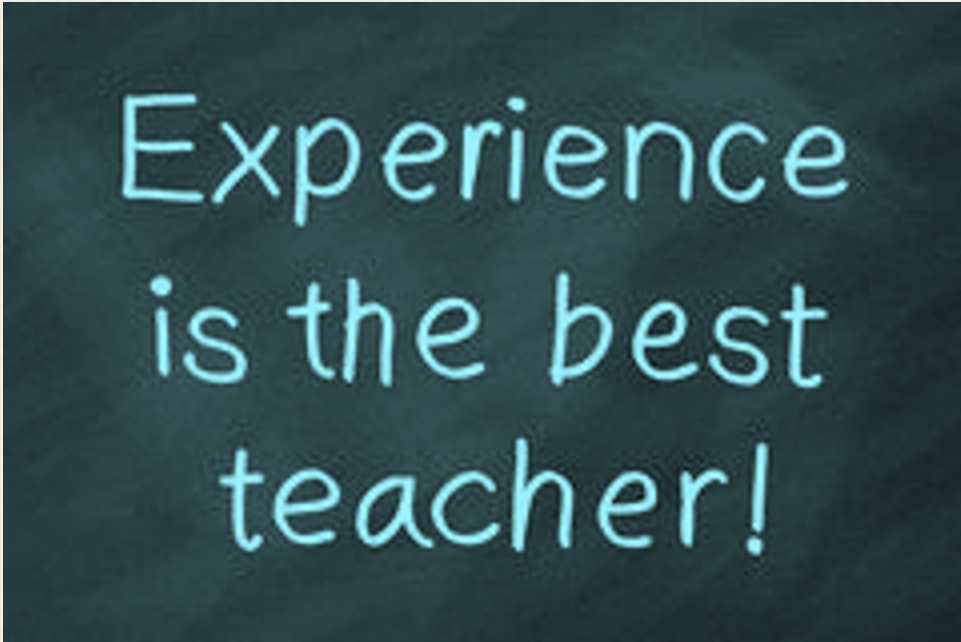
3 Personality Surveys



From my Best-Selling
Empathy and Self-
Esteem Units

This Program's Creator is a Qualified Teacher

◆ I am a National Board Certified Teacher with a Master's of Education Degree and I have many years of experience teaching Health.



Experience
is the best
teacher!

Here is a Look at the Files:



< > Personality Surveys	
Name	
	01Personality Surveys Directions.docx
	01Personality Surveys Directions.pdf
	02Personality PowerPoint.pptx
> 	03Learning Targets
	04Standards and Google Info.pdf
	05Previews of Other Lessons.pdf

< > 03Learning Targets	
Name	
∨ 	L Target Check Off Sheets
	Success Criteria Behav.docx
	Success Criteria Behav.pdf
	Success Criteria Content.docx
	Success Criteria Content.pdf
	Success Criteria Exit Quiz.docx
	Success Criteria Exit Quiz.pdf
	Learning Target Posters and Directions.pptx

4. Step-by-Step Teacher Directions:



Personality Surveys!

WA State Standards Met:

- Assess personal health behaviors in relation to dimensions of health H1.W1.7
- Describe factors that can influence self-esteem. H1.S01.6a
- Understand how to improve one's self-esteem. H1.S01.6b
- Analyze personal dimensions of health and design a plan to balance health. H1.W1.HS
- Assess self-esteem and determine its impact on personal dimensions of health. H1.S01.HSa

My State Standards Met:

National H.S. Standard Met: 1, 2, 4, 8

H.S. Common Core Standards Met: Reading 3 / Writing 4

Materials Needed:

PowerPoint	-Personality Surveys PowerPoint	-In PowerPoint folder
Printed Materials	-“Food Personality Survey” Paper Version	-Print 2 for each student (one will be for them to give to their parent/Guardian!)
	-Parent-Teen Communicator Homework” (front to back with explanation on back)	-Print 1 for each student
Other Materials	Optional: Art Project paper, markers, colored pencils, scissors, old magazines to cut up, string, tacks	
Optional:		
Video	-Various motivating videos	
Learning Target	Content: I will learn how to improve self-esteem.	Behavioral: I will work on having positive self-esteem.
Assessment	-Parent-Teen Communicator Homework will be turned in and graded.	

1. **ARIAL FONT MESSAGE and TITLE:** Place markers.

2. **3 PERSONALITY SURVEYS:** Hand out the "Food Personality" survey worksheet (BELOW) and use PowerPoint Slides to have each student take the three personality surveys by circling their favorite in each group.

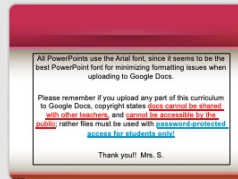
3. **SNACK FOOD ANSWERS TITLE + #1 SNACK FOOD ANSWERS x 2:** Use the PowerPoint to go over the answers for the Snack Foods and have students write in their #1 personality traits as you go over them. For instance, if they chose Cheetos, have them write in the Cheetos personality traits. Tell them before you start to go over the answers that if they feel another type better describes them, they could copy that answer as well. You can also point out that this survey is really just for fun and it NOT scientifically accurate!!

4. **COOKIE ANSWERS + #2 COOKIE ANSWERS x 2:** Do the same, following the PowerPoint prompts to go over "Candy" and have students write in their #1 traits on their worksheet.

5. **CANDY ANSWERS + #3 CANDY ANSWERS x 2:** Do the same, following the PowerPoint prompts to go over "Candy" and have students write in their #1 traits on their worksheet.



PowerPoint Walks You Through This Lesson:



1



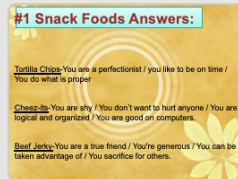
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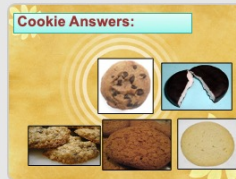
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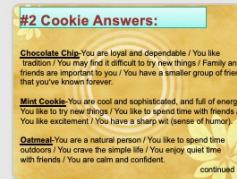
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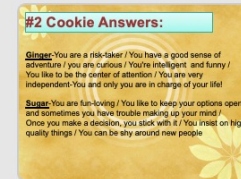
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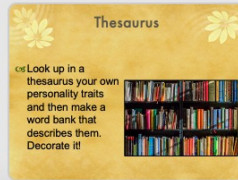
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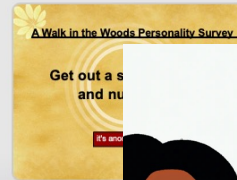
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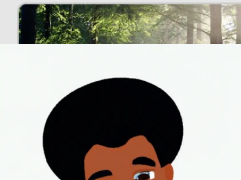
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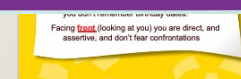
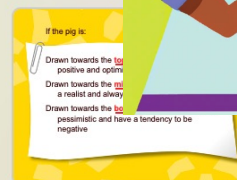
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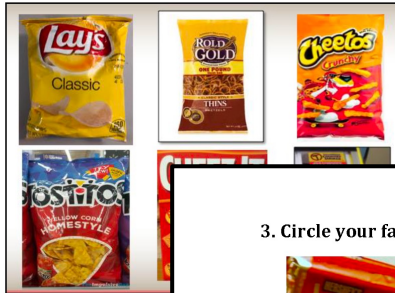
Worksheets! Here are a few examples:

Name: _____ Per: _____ Date: _____

1. Circle your favorite in the following group:

Snack Foods:

Potato chips
Pretzels
Cheetos
Tortilla Chips
Cheez-its
Beef Jerky



When your teacher tells you, write in what your answer is.

2. Circle your favorite in the following group:



When your teacher tells you, write in what your answer is.

3. Circle your favorite in the following group:



Bite-Size

Krackel
Mr. Goodbar
Special
Hershey's

When your teacher tells you, write in what your answer is.

Do you think these surveys were accurate/true?

Look on the list of "Positive Personality Traits" and circle the ones you like to be.

- 1.
- 2.

Parent-Teen Communicator

Dear Parents or Guardians: This is a homework assignment. The goal is to help facilitate good discussion, encourage communication, and to help you appreciate your student this year!

Ask these questions to each other: **Remember the parent survey does NOT need to be turned in - o**

1. **Teen:** Have your parent take the 3 "Food Personality" surveys.
- it) Have your parent look at the personality traits

2. **Parent:** Ask

3. **Teen:** Show

4. **Parent:** Do y

5. **Parent:** Sho

6. **Teen:** Do y

7. **Teen:** Show

8. **Parent:** Do y

9. **Parent:** Do y

10. **Teen:** Do y

11. **Teen:** Do y

12. **Parent:** Do

13. **Parent:** Sh

14. **Teen:** Do y

15. **Both disc**

understand ea

other. Then, p

Look on the list of "Positive Personality Traits" and circle the ones you like to be.

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Traits for Food Personality

#1 Snack Foods Answers:

Potato chips-you are important and successful / you may be domineering or bossy / you think you are special and can be impatient / you don't like to stand in lines to wait

Pretzels-you are a perfectionist / you like to be on time / you do what is proper

Cheetos-you are shy / you don't want to hurt anyone / you are logical and organized / you are good on computers

Tortilla Chips-you are a perfectionist / you like to be on time / you do what is proper

Cheez-its-you are shy / you don't want to hurt anyone / you are logical and organized / you are good on computers

Beef Jerky-you are a perfectionist / you like to be on time / you do what is proper

Chocolate Chip-you are loyal and dependable / you like tradition / you may find it difficult to try new things / family and friends are important to you / you have a smaller group of friends that you've known forever

Mint Cookie-you are cool and sophisticated, and full of energy / you like to try new things / you like to spend time with friends / you like excitement / you have a sharp wit (sense of humor)

Oatmeal-you are a natural person / you like to spend time outdoors / you crave the simple life / you enjoy quiet time with friends / you are calm and confident

Ginger-you are a natural person / you like to spend time outdoors / you crave the simple life / you enjoy quiet time with friends / you are calm and confident

Sugar-you are fun-loving / you like to keep your options open and sometimes you have trouble making up your mind / once you make a decision, you stick with it / you insist on high quality things / you can be shy around new people

Chocolate Chip-you are loyal and dependable / you like tradition / you may find it difficult to try new things / family and friends are important to you / you have a smaller group of friends that you've known forever

Mint Cookie-you are cool and sophisticated, and full of energy / you like to try new things / you like to spend time with friends / you like excitement / you have a sharp wit (sense of humor)

Oatmeal-you are a natural person / you like to spend time outdoors / you crave the simple life / you enjoy quiet time with friends / you are calm and confident

Personality Surveys!

Art Project Included:

Around the Room

Share 1 personality trait that a survey said you feel it is with one trait.



Look up in a thesaurus your own personality traits and then make a word bank that describes them. Decorate it!



Worksheets & PowerPoint Slides are on GOOGLE SLIDES



This Program is all About the Students...

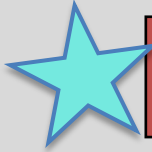
◆ The program is classroom and “kid-tested,” teacher-approved, and full of real student examples and responses.

◆ It promotes high student engagement and interaction!

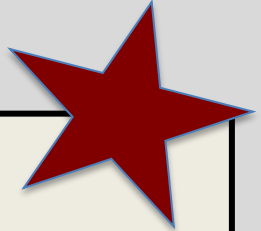
◆ This lesson challenges and touches the lives of teens!



Buy it Today, Teach it Tomorrow!



Here is what makes this program unique!!



- ◆ This program features highly organized step-by-step teacher directions follow daily PowerPoints, and the directions tell you exactly to say!!
- ◆ Documents and PowerPoints are editable and docs are included in both Word and PDF formats.
- ◆ PowerPoints are full of fun surveys!



About the Author:

- ◆ I've been a certified K-12 Physical Education and Language Arts teacher for many years (19 of those years also include my Health certification). Over my teaching career I've taught all grade levels and a variety of subjects, including: Junior High P.E.; 8th Grade Reading; Elementary P.E.; 9th Grade English; 9th Grade P.E.; High School Aerobics; and 9th Grade Health. I have my Master's of Education Degree in Instructional Technology and I received my National Board Certification in Health.
- ◆ My hobbies include my family, photography, birding, reading, gardening, sewing, hiking, camping, and travelling.

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Works Cited:

WA Standards From: <http://www.k12.wa.us/healthfitness/Standards.aspx>

NYC Standards

From: <http://www.p12.nysed.gov/sss/schoolhealth/schoolhealtheeducation/healthPEFACSLearningStandards.pdf>

Photos From:

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