

Dangerous Decisions Unit

for
grades 6-12



Health Education Today

Dangerous
Decisions Unit for
High School



Real Teacher Reviews:

- "Fabulous"

- "Fantastic"

- "Incredibly important."

- "These resources are nothing short of amazing! The quality is outstanding and the program itself is engaging for students. Thank you for all the time and effort you put into producing a quality product at an affordable price for teachers."

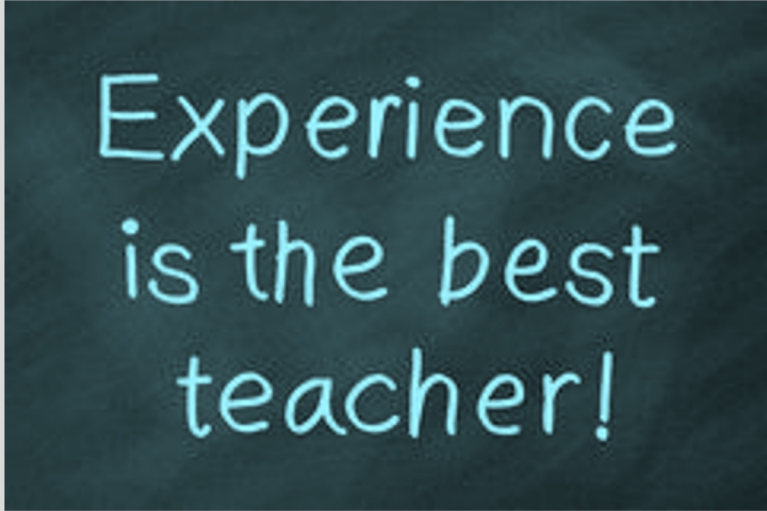
- "This is brilliant. Tackles subjects that need to be tackled and with no shame."

- "Best thing I can say is students loved this and it generated lots of meaningful discussion!"



This Program's Creator is a Qualified Teacher

- ◆ I am a National Board Certified Teacher with a Master's of Education Degree and I have 19 years of experience teaching Health.



Experience
is the best
teacher!

- ◆ Lessons were created, taught, revised, updated, and perfected according to trial and error, students' responses, and collected data!

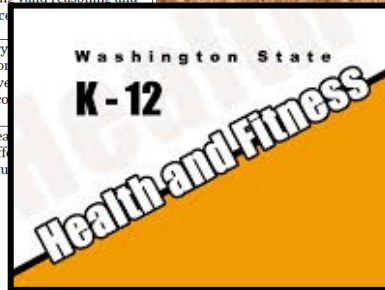
THE PROGRAM MEETS HEALTH STANDARDS:

Aligned to National, Common Core, and State Standards!

Common Core State Standards for English Language Arts & Literacy in History/Social Studies, Science, and Technical Subjects | ELA College and Career Anchor Standards

<https://learning.ccsso.org/common-core-state-standards-initiative>

	Writing Grades 9/10	ELA College and Career Anchor Standards for Writing
1	Write arguments focused on discipline-specific content.	Write arguments to support claims in an analysis of substantive topics or texts using valid reasoning and relevant and sufficient evidence.
2	Write informative/explanatory texts, including the narration of historical events, scientific procedures/ experiments, or technical processes.	Write informative/explanatory texts to convey complex ideas and information accurately through the effective organization, and analysis of content.
3	Incorporate narrative elements effectively into arguments and informative/explanatory texts. <i>Note: Students' narrative skills continue to grow in these grades. The Standards require that students be able to incorporate narrative elements effectively into arguments and informative/explanatory texts. In history/social studies,</i>	Write narratives to develop real experiences or events using effective chosen details and well-structured



The limited preview space prevents showing you everything, but here's an example of this unit:

Dangerous Decisions Unit

-1 to 4 Days Teach in Class-

**Docs in this Unit are
*Editable in Word!**



Dangerous Decisions Unit	
Name	
	0Start Here Teacher Directions.docx
	0Start Here Teacher Directions.pdf
> 	01Easy Version
> 	02Mini Version
> 	03Share Out Version
> 	04TV Station Version
> 	05Independent Student Version
> 	06Learning Targets
	07All Midd and HS Standards.docx
	07All Midd and HS Standards.pdf
	11Update List for Previous Buyers.pdf

Learning Target Posters and Daily Worksheets

This could save a life!

Cutting & Suicide #3

14 Things Therapists Need You to Know About Suicide

Article Highlights
first on [Reader's Digest](#).

Suicide is heartbreakingly common. It's the second leading cause of death in people between ten and 34 years of age and the tenth leading cause of death overall in the United States, according to the [Centers for Disease Control and Prevention \(CDC\)](#).

To put that in perspective, in 2017 twice as many people died from suicide (45,000) as died from homicide (19,510). In addition, the CDC reports that another 1.3 million Americans attempted suicide and 9.8 million contemplated it.

...Suicide still remains a topic rarely discussed in many circles of our society. It's uncommon for people to feel that they are the only one. Whether you or someone you know is struggling with these feelings, you need help and support. That's why we're sharing these professionals to share what you should know about suicide.

Why is it so hard to talk about?

People can feel uncomfortable initiating discussions about painful feelings like they should be able to "just deal with it" or that others have it worse. They will burden others. Or they may be afraid of being seen as weak and incapable. One struggling with depression and/or suicidal thoughts, it may be up to you to start the conversation in a loving, helpful way. Here's one thing that people need to hear.

Be careful how you speak when discussing suicide

When speaking about someone who has taken their own life, avoid the phrase "suicide." Says [Jill Johnson-Young](#), LCSW, a California-based grief counselor, author, and almost accusatory, creates blame, and hurts those who are left behind," she suggests saying: "died as a result of suicide," "died from suicide," or even "common mistake is asking family members how exactly the person died," she says.



Taking Bets and Dares #6

Teens Are Hardwired for Risky Behavior Article Highlights

<https://www.webmd.com/parenting/news/20070413/teens-are-hardwired-for-risky-behavior#1>

Study Shows Risk-Taking by Teens Linked to Immature Brain Development



Photo By: <https://pixabay.com/>

By Salynn Boyles
WebMD Health News-Reviewed by
Louise Chang, MD

Most teens know plenty about the dangers of risk-taking behaviors like drinking, smoking, and taking drugs, **but they are hardwired to ignore what they have learned.**

That is the conclusion from a new analysis of emerging research on

adolescent brain development from Temple University professor of psychology Laurence Steinberg, PhD.

Teenagers seek out risk-taking behaviors, the research suggests, because the brain systems involved in decision-making mature at different times.

The section of the brain most involved in emotion and social interaction becomes very active during puberty, while the section most critical for regulating behavior is still maturing into early adulthood.

This explains, Steinberg says, why teens are so susceptible to peer pressure and why education and prevention efforts designed to keep teens from engaging in risk-taking behaviors don't work all that well.

"We have tried to prevent these behaviors by educating kids about the dangers of things like smoking, drinking, taking drugs, and unprotected sex," he tells WebMD. "The thinking has been if they know about the dangers they won't do these things, but that is clearly not true."

Giving out Personal Info on Internet #3

As teens embrace blogs, schools sound an alarm

Article Highlights

<http://www.zdnet.com/news/as-teens-embrace-blogs-schools-sound-an-alarm/145625>

By Alorie Gilbert Staff Writer, CNET News

Teens are among the most avid users of online journals and personal Web pages, but recent incidents at North Carolina State University and other schools should give them and their parents pause.

Nine underage students at N.C. State are facing charges of violating the school's alcohol policy after a



<https://www.pixabay.com>

line

are) some tips:

data, such as where they go to school or live, to people they

meeting with an online acquaintance, and to notify you if a meeting is arranged, it should be in a public spot.

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100 articles are all on 1 PDF doc

TOPICS:

The dangerous decision topics include:

1. NEW! Dangerous Selfies
2. NEW! Vaping
3. Cutting/ Self Mutilating / Suicide
4. Taking Bets and Dares
5. Sexting
6. The Choking Game:
7. Driving at High Speeds
8. Drinking Games and Binge Drinking
9. Giving Out Personal Information Online
10. Goofing around on cars and trucks
11. Using Drugs
12. The dangers of the sun and tanning booths
13. Messing around with loaded guns
14. Water safety
15. Homelessness and runaways
16. Unhygienic Body Piercings and Tattoos
17. Shaken baby syndrome

Dangerous Decisions Unit
-15-Days on Google Docs!-



AND...

NEW! Now on Google Docs: 100 articles are all on 1 PDF doc

Dangerous Decisions Unit -15-Days on Google Docs!

TOPIC 1: Dangerous Selfies #1

Selfie epidemic: How Israeli teenager fell to his death in Yosemite

Article Highlights

<https://www.cnn.com/2019/09/11/health/yosemite-fall-teen/index.html>

Nevada Fall in Yosemite National Park (Getty Images)
By PAUL ROGERS
PUBLISHED: March 31, 2019

They warned him not to do it. But Turner Frankfurter was just two months past his 18th birthday, an outgoing math student from Jerusalem who set off to tour America before starting his compulsory service with the Israeli army and had a taste for adventure.

On a warm September afternoon in Yosemite National Park, he joined a group of tourists bound for the Mist Trail, a popular but rigorous 5.4-mile route that takes hikers to the cliffs above the stunning 594-foot-high Nevada Fall.

The group ate lunch and prepared to head back, but Frankfurter had something he wanted to do first. He took off his

DN

NEWS CALIFORNIA NEWS

'Selfie epidemic': How Israeli teenager fell to his death in Yosemite

18-year-old clung to rock outcropping at Nevada Fall, plunged 800 feet



orange backpack and handed his phone to a young woman in the group, saying he wanted a memorable photo to take home. Then he began climbing over the cliff edge.

Other hikers shouted for him to stop, but it was too dangerous. But soon the young ... was dangling hundreds of feet above the rocks below.

For a few seconds, everything seemed fine. The woman taking pictures snapped away.

Then Frankfurter said: "I need help."

People ran to him. They grabbed his arms and wrists. They strained to pull him back to safety. But he was getting tired and his arms were slippery with sweat. He began to slide out of their grasp. And then he fell.

Frankfurter's death, on Sept. 4 of last year, was reported widely. But the dramatic details of the accident — one of a growing number of fatalities involving young people in search of spectacular photos, often to post on Instagram, Facebook or other social media — have not been made public until now, after being obtained by this organization through a Freedom of Information Act request.

"Frankfurter fell in a tragic accident, in circumstances that he was entirely in control of until the point of the fall," wrote Jesse McGahey, the Yosemite ranger who filed the report on the investigation into the death...

For generations, visitors have taken risks at Yosemite, the Grand Canyon and other national parks. Some have died by



Drinking games prove deadly to college kids

The number of alcohol-poisoning deaths is on rise, analysis finds

Recommend 1



Next story in Addictions

Gross-out cigarette labels drive spike in quit-

Why Do Teens Engage in "Sexting?"

Article

Comments (53)



Email



Print



Like



Send



Twitter



More



Text

By Sue Shellenbarger

Much of the talk about teens' sexting — sending nude or sexually explicit photos of themselves or peers to others via cell phone — has focused on [what legal or educational tools adults should use to curb it](#).

But why exactly do teens send sexts? Is a sexual revolution underway, with [kids using photos as a sort of mating call, or as we've written about in the Juggle, a kind of "modern day flirting?"](#) Is sexting just today's version of



Getty Images

Vaping #2

After vaping-related illness, teen now has lungs like 'a 70-year-old's'

<https://www.cnn.com/2019/09/11/health/vaping-lung-illness-illinois-teen-profile/index.html>

By [Jacqueline Howard](#) and Michael

Nedelman, CNN

Updated 5:06 PM ET, Fri September 13, 2019

After vaping-related illness, teen now has lungs like 'a 70-year-old's'.

(CNN)Adam Hergenreder's vaping habit almost killed him.

Late last month, the 18-year-old student athlete in Gurnee, Illinois, was hospitalized after using e-cigarettes for more than a year and a half. Now his lungs are similar to those of a 70-year-old adult, doctors told him.

"It was scary to think about that -- that little device did that to my lungs," Adam said, remembering the news from his doctors about his lung health.



KidsHealth > Teens > Your Mind > Feeling Sad > Cutting

AAA
Text Size
Print

What's in this article? (click to view)

Listen
Listen

What Is Cutting?

Emma's mom first noticed the cuts when Emma was doing the dishes one night.

Emma told her mom that their cat had scratched her. Her mom seemed surprised that the cat had been so rough, but she didn't think much more about it.

Lee este artículo en Español

Something strange as well. Even Emma wore long-sleeved shirts. She said something was bothering her. And the words to tell her mom or her arms were from something cutting herself with a razor when

AND...

Step-By-Step Student Directions on Google Slides:

- Includes 3 different reflection activities
- Includes 3 art projects
- And 2 worksheets!

Day 5: Sexting

Day 5: Sexting

Read all articles in this topic

After Articles for Day 5 – Do PROJECT #1

Through the “Dangerous Decisions” Door

Through the “Dangerous Decisions Door” Art Project

The door in your poster represents the **risky behavior** the person chooses, such as vaping, taking a bet, cutting/hauling, sexting, or taking a dangerous selfie...

On this side of the poster are the **risky factors** that cause a teen to make a dangerous decision. Think through the stories you’ve read so far and identify risk factors that may have influenced the dangerous choice the person made; such as: family dysfunction, peer pressure, to fit in, to be liked, curious...

After walking through the door (doing the risky behavior) list **dangerous ways** could a teen be harmed?

This is an example of a similar poster project. This was pressure to use drugs, and the dangers if they chose walk through that door and use:

This is a similar poster project, same theme as the previous slide. I included these examples to give you an idea of how this poster could look!

Here are some theme ideas.

- Wizard of Oz-yellow brick road
- sunny vs stormy
- a plane crashing
- healthy tree vs a dead tree
- sun and moon
- nice road (road signs) vs cracked road
- steps and then a cliff
- devil vs angel
- bubble thoughts
- rainbow
- blooming vs dead

Your poster can be done on the following slide, or you can do it by hand at home and send your teacher a photo of your poster.

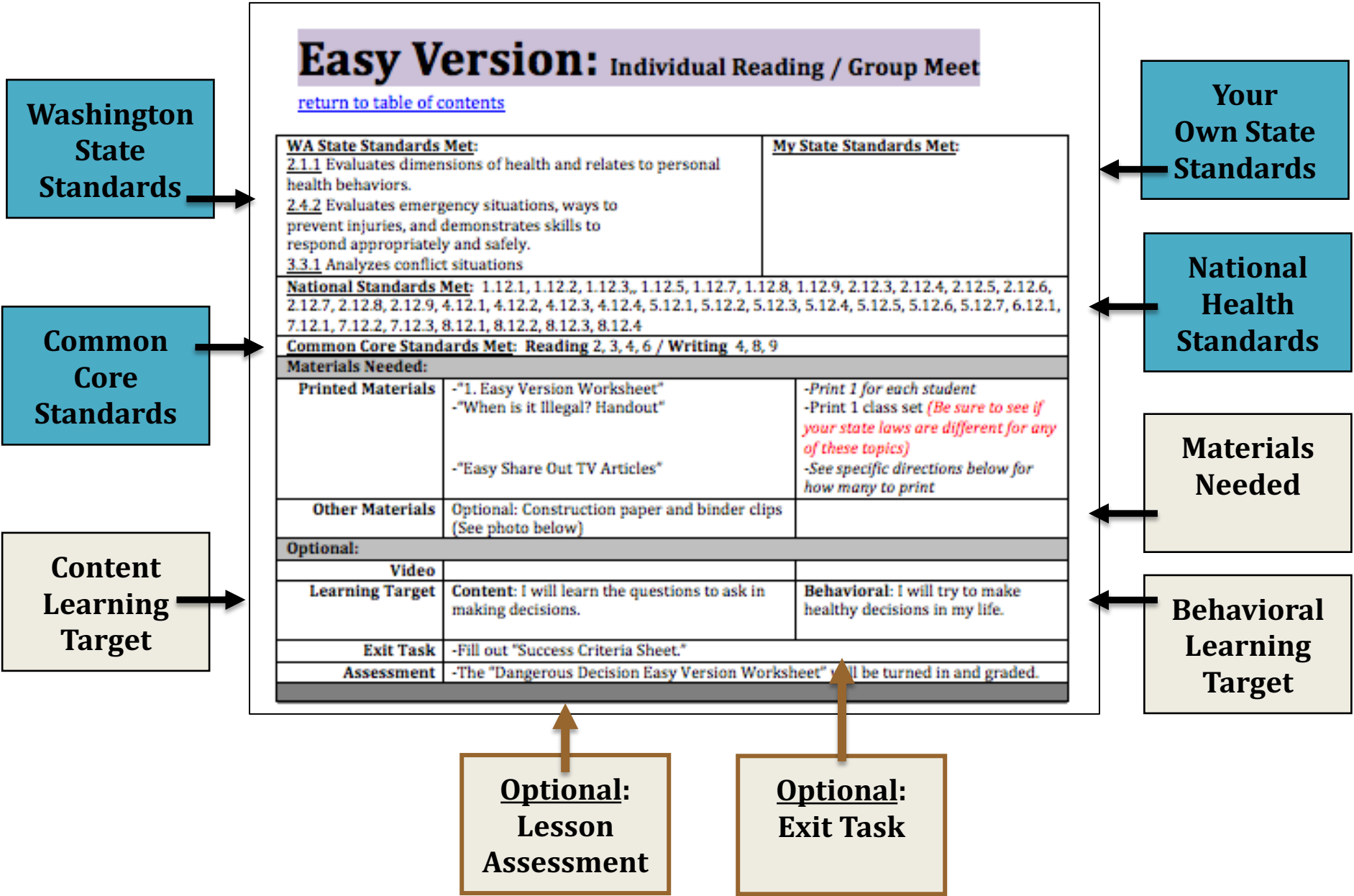
Day 6: The Choking Game

Read all articles in this topic

See Minimum # of sentences needed!!

• After reading articles for **Day 6**, fill out this summary sheet.

Standards are at the Beginning of Each Lesson:



Meet Your Time-Frame! Choose 1 to 4 Days

TOPICS:

The dangerous decision topics include:	<u>Easy Version</u>	<u>Mini Version</u>	<u>Share Out</u>	<u>T. V. Version</u>
1. NEW! Dangerous Selfies	X	X	X	X
2. NEW! Vaping	X	X	X	X
3. Cutting/ Self Mutilating / Suicide	X	X	X	X
4. Taking Bets and Dares	X	X	X	X
5. Sexting	X	X	X	X
6. The Choking Game:	X	X	X	X
7. Driving at High Speeds	X	X	X	X
8. Drinking Games and Binge Drinking	X	X	X	X
9. Giving Out Personal Information Online	X	X	X	X
10. Goofing around on cars and trucks	<i>If Add Extra Day X</i>	X		
11. Using Drugs	<i>If Add Extra Day X</i>	X		
12. The dangers of the sun and tanning booths	<i>If Add Extra Day X</i>	X		
13. Messing around with loaded guns	<i>If Add Extra Day X</i>	X		
14. Water safety	<i>If Add Extra Day X</i>	X		
15. Homelessness and runaways	<i>If Add Extra Day X</i>	X		
16. Unhygienic Body Piercings and Tattoos	<i>If Add Extra Day X</i>	X		
17. Shaken baby syndrome	<i>If Add Extra Day X</i>	X		

Full Step-By-Step Teacher Directions...

Easy Version: Individual Reading / Group Meet

[return to table of contents](#)

WA State Standards Met: 2.1.1 Evaluates dimensions of health and relates to personal health behaviors. 2.4.2 Evaluates emergency situations, ways to prevent injuries, and demonstrates skills to respond appropriately and safely. 3.3.1 Analyzes conflict situations		My State Standards Met:
National Standards Met: 1.12.1, 1.12.2, 1.12.3, 1.12.5, 1.12.7, 1.12.8, 1.12.9, 2.12.3, 2.12.4, 2.12.5, 2.12.6, 2.12.7, 2.12.8, 2.12.9, 4.12.1, 4.12.2, 4.12.3, 4.12.4, 5.12.1, 5.12.2, 5.12.3, 5.12.4, 5.12.5, 5.12.6, 5.12.7, 6.12.1, 7.12.1, 7.12.2, 7.12.3, 8.12.1, 8.12.2, 8.12.3, 8.12.4		
Common Core Standards Met: Reading 2, 3, 4, 6 / Writing 4, 8, 9		
Materials Needed:		
Printed Materials	-"1. Easy Version Worksheet" -"When is it Illegal? Handout" -"Easy Share Out TV Articles"	-Print 1 for each student -Print 1 class set (<i>Be sure to see if your state laws are different for any of these topics</i>) -See specific directions below for how many to print
Other Materials	Optional: Construction paper and binder clips (See photo below)	
Optional:		
Video		
Learning Target	Content: I will learn the questions to ask in making decisions.	Behavioral: I will try to make healthy decisions in my life.
Exit Task	-Fill out "Success Criteria Sheet."	
Assessment	-The "Dangerous Decision Easy Version Worksheet" will be turned in and graded.	

HERE ARE THE STEP-BY-STEP Plans for the day you do it:

1. Before students come in have a "When is it Illegal?" Handout" on each desk. (Laminated or in protector sheets if possible)
2. As students come in, have each one pick up an "Easy Version Worksheet."
3. Put students into 8 groups (or if you have 27 or more students put them in 9 groups). (It's fine if there are 2, 3, or 4 in a group, but you'll need to have 8 or 9 groups so all topics can be used)

Each group should know that when they rotate/pass along articles they will be sharing a packet of articles with this same group of people, even though they are not talking within the group yet. They could maybe pull their desks in a square of 4. Or, if you have tables with two students, have two students bring their chairs over to make their group. There won't be talking during article reading time.

THIS MEETS COMMON CORE STANDARD R 2, 3, 4, 6.

Dangerous Decisions	When is it Legal?
1. Cutting/Self-Mutilating/Suicide	If you get caught doing it: It is not illegal, but the person is a danger to themselves or the person could be taken to the hospital for a mental evaluation. If you dare someone to jump off something, but they did not take a significant step in helping them to do it then there is no crime. If the person was someone who was in a vulnerable state or limited mental capacity there might be a crime such as "Suicidal Endangerment" (Which is a misdemeanor).
2. Taking Bets and Dares	In most states, it is a crime for someone of the same age than another would be done if it was not for the purpose of harming. But those states (Florida, Nebraska, and Utah) specify circumstances under which the person involved could be charged with a felony. It is an act to be a driver then there is a crime of "Blowing a Wheel" (Perjury) and it could also be "Communicating with a Witness for Intentional Purposes" (Which is a misdemeanor). While some states don't do this, there is legislation that is looking at laws making telling under existing child pornography statutes and result in long-term criminal consequences. For example, a teen who takes a nude picture of himself has created child pornography and if he sends it to someone else he has distributed child pornography.
3. Sexting (Sending/Sending of sexual nature pictures or words by cell phone)	Perjury is anything that is sexual in nature i.e. pictures, movies, written etc. and the child pornography charge is a felony.

NAME: _____ Per: _____
Dangerous Decision Directions: Read one true story for each topic and then list 2 reasons why you should NOT do this activity.

To help you fill in the lines below, think through the WWWWH questions:

Who - could it hurt?
 What - do adults think?
 When - is it illegal? (See separate handout for laws)
 Where - are my personal values on this activity?
 How - can I get out of it? (Think of a good alternative)

1. **Cutting/Self-Mutilating/Suicide:** List 2 reasons why you should not do this

2. **Taking Bets and Dares:** List 2 reasons why you should not do this

3. **Sexting:** List 2 reasons why you should not do this

Impacting articles for print and on Google Docs

TOPIC 1: Dangerous Selfies #1

Indiana man dies after falling from Puerto Rico cliff while filming a TikTok video

Video news clip on 2/12/23 of Indiana man death from falls in Puerto Rico
The New York Times
Updated 11:50 AM EST, Feb 12, 2023



U.S. Coast Guard
CNN — An Indiana man died after falling from a cliff in Puerto Rico while trying to make a video for TikTok, according to his family.
Edgar Gary, 29, of Indiana, was on a recreational day trip to the southwestern coast of Puerto Rico on January 29 when he fell a 75-foot coastal cliff near the lighthouse in Culeo Bay, according to his family. [The U.S. Coast Guard](#) said Tuesday.

The fall was reported to the Coast Guard that evening and Gary's body was recovered the next day by a Puerto Rico Emergency Dive Unit.
Edgar's brother, Carlos Gary, called his sibling a "hardcore" [climber](#) to CNN. Carlos was born in Puerto Rico and said a cousin told him the brother frequently climbed the cliffs at that time.
"Unfortunately, that was what he was trying to do when he was close to the edge that he should have been," said Carlos.
Carlos had paid a [professional outfitter](#) to cover the costs of transporting his brother's body back to Indiana.
"Our family is now on a mission to bring our brother's sibling home so that he can be laid to rest among friends and family," he wrote in the handwritten description. Coast Guard officials also expressed condolences to Gary's family in the release.
"We express our most heartfelt condolences to the family and loved ones of Edgar Gary and pray they find closure and strength during this most difficult time," said Captain José E. Diaz, Coast Guard Sector San Juan commander, in the release.
"We appreciate the efforts of all the Coast Guard, Puerto Rico Police and partner agency emergency responders, especially the Puerto Rico Emergency Management Bureau who did what they were able to do. Gary's body is such a highly unobtainable and challenging environment."

Dangerous Selfies #2

Hospital appears to confirm death of Hong Kong influencer who reportedly died while taking waterfall photo

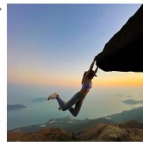
Hong Kong, an influencer in Hong Kong, reportedly died while taking a waterfall selfie on Saturday.
A hospital official confirmed the death of Hong Kong, reportedly died after falling from a waterfall on Saturday.
The Pacific Youth Healthcare Eastern Hospital appeared to confirm the name in a statement to CNN.
Hong Kong, reportedly died after falling from a waterfall on Saturday.
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Hong Kong, reportedly died after falling from a waterfall on Saturday.



Dangerous Selfies #3

Man fell to his death while taking pictures on a cliff in Arizona. Authorities discovered other remains while recovering his body

A 25-year-old man was found on Tuesday after falling off a cliff at the Grand Canyon National Monument in Arizona, the National Park Service (NPS) said.
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Dangerous Selfies #4

Man fell to his death while taking pictures on a cliff in Arizona. Authorities discovered other remains while recovering his body

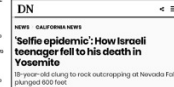
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Dangerous Selfies #5

Selfie epidemic: How Israeli teenager fell to his death in Yosemite

Yosemite National Park (YNP) said Tuesday that a 16-year-old Israeli teenager died after falling from a cliff while taking a selfie.
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Preview

Dangerous Selfies #6

Indiana man dies after falling from Puerto Rico cliff while filming a TikTok video

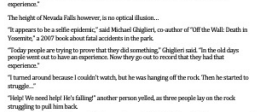
Edgar Gary, 29, of Indiana, was on a recreational day trip to the southwestern coast of Puerto Rico on January 29 when he fell a 75-foot coastal cliff near the lighthouse in Culeo Bay, according to his family. [The U.S. Coast Guard](#) said Tuesday.



Dangerous Selfies #7

Indiana man dies after falling from Puerto Rico cliff while filming a TikTok video

Edgar Gary, 29, of Indiana, was on a recreational day trip to the southwestern coast of Puerto Rico on January 29 when he fell a 75-foot coastal cliff near the lighthouse in Culeo Bay, according to his family. [The U.S. Coast Guard](#) said Tuesday.



Dangerous Selfies #8

Indiana man dies after falling from Puerto Rico cliff while filming a TikTok video

Edgar Gary, 29, of Indiana, was on a recreational day trip to the southwestern coast of Puerto Rico on January 29 when he fell a 75-foot coastal cliff near the lighthouse in Culeo Bay, according to his family. [The U.S. Coast Guard](#) said Tuesday.



Dangerous Selfies #9

Indiana man dies after falling from Puerto Rico cliff while filming a TikTok video

Edgar Gary, 29, of Indiana, was on a recreational day trip to the southwestern coast of Puerto Rico on January 29 when he fell a 75-foot coastal cliff near the lighthouse in Culeo Bay, according to his family. [The U.S. Coast Guard](#) said Tuesday.



Dangerous Selfies #10

Indiana man dies after falling from Puerto Rico cliff while filming a TikTok video

Edgar Gary, 29, of Indiana, was on a recreational day trip to the southwestern coast of Puerto Rico on January 29 when he fell a 75-foot coastal cliff near the lighthouse in Culeo Bay, according to his family. [The U.S. Coast Guard](#) said Tuesday.



Dangerous Selfies #11

Indiana man dies after falling from Puerto Rico cliff while filming a TikTok video

Edgar Gary, 29, of Indiana, was on a recreational day trip to the southwestern coast of Puerto Rico on January 29 when he fell a 75-foot coastal cliff near the lighthouse in Culeo Bay, according to his family. [The U.S. Coast Guard](#) said Tuesday.



Preview

Dangerous Selfies #12

Indiana man dies after falling from Puerto Rico cliff while filming a TikTok video

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Dangerous Selfies #13

Indiana man dies after falling from Puerto Rico cliff while filming a TikTok video

Edgar Gary, 29, of Indiana, was on a recreational day trip to the southwestern coast of Puerto Rico on January 29 when he fell a 75-foot coastal cliff near the lighthouse in Culeo Bay, according to his family. [The U.S. Coast Guard](#) said Tuesday.



Dangerous Selfies #14

Indiana man dies after falling from Puerto Rico cliff while filming a TikTok video

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Dangerous Selfies #15

Indiana man dies after falling from Puerto Rico cliff while filming a TikTok video

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Dangerous Selfies #16

Indiana man dies after falling from Puerto Rico cliff while filming a TikTok video

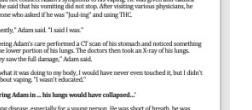
Edgar Gary, 29, of Indiana, was on a recreational day trip to the southwestern coast of Puerto Rico on January 29 when he fell a 75-foot coastal cliff near the lighthouse in Culeo Bay, according to his family. [The U.S. Coast Guard](#) said Tuesday.



Dangerous Selfies #17

Indiana man dies after falling from Puerto Rico cliff while filming a TikTok video

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Preview

There are 100 impacting articles included!

TOPIC 1: Dangerous Selfies #1

Indiana man dies after falling from Puerto Rico cliff while filming a TikTok video

<https://www.cnn.com/2023/02/04/us/indiana-man-death-filming-tiktok/index.html>

By Zoe Sottile, CNN

Updated 9:14 AM EST, Sat February 4, 2023



Edgar Garay
US Coast Guard

CNN —

An Indiana man died after falling from a cliff in Puerto Rico while filming a TikTok video, according to his family.

Edgar Garay, 27, of Indiana, was on a recreational day trip to the west coast of Puerto Rico on January 29 when he fell off a 70-foot lighthouse in Cabo Rojo, according to a news release from

Students see
consequences of
dangerous
actions!

Students learn
from the
mistakes of
others!

Vaping #2

After vaping-related illness, teen now has lungs like 'a 70-year-old's' Article Highlights

<https://www.cnn.com/2019/09/11/health/vaping-lung-illness-illinois-teen-profile/index.html>

By [Jacqueline Howard](#) and Michael Nedelman, CNN



Now, however, the internet and social media are changing the equation. The goal is often not to come back with a scenic photo, but rather to come back with a photo of yourself taking a risk, experts say.

"It appears to be a selfie epidemic," said Michael Ghiglieri, co-author of "Off the Wall: Death in Yosemite," a 2007 book about fatal accidents in the park.

"Today people are trying to prove that they did something," Ghiglieri said. "In the old days people went out to have an experience. Now they go out to record that they had that experience."

Frankfurter told his new friends that he needed to duplicate a photo that tourists who go to Brazil commonly take at Telegraph Rock, near Rio de Janeiro. There, visitors hang from a rocky outcropping, and it appears in photos as if they are thousands of feet above the ground, while in reality they are only three feet above a body of water.

The height of Nevada Falls however, is a different optical illusion.

"I thought he was joking," one witness told investigators, referring to Frankfurter. "I turned around because I couldn't watch, but he was hanging off the rock. Then he started to struggle."



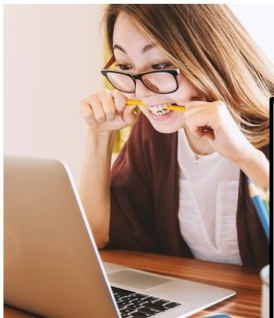
There are 100 impacting articles included!

Giving out Personal Info on Internet #5

Internet Dangers: Article Highlights

<http://www.chatdanger.com/games/truestory.aspx>

Article Highlights: How could we live without the Internet? That's how most of us keep in touch with friends, find homework support, research a cool place to visit, or find out the latest news.



But besides the millions of sites to visit and things to do, the Internet offers lots of ways

Sexting #7

Sexting leads to felony charges for children Article Highlights:

<http://www.blog2.tshirt-doctor.com/?p=6766>

The idea behind sexting, or sending a nude picture via a **cell phone** text, is not so new. Children played doctor long before grade school students were armed with cell phones capable of snapping photos. They just didn't record an image of the offense.

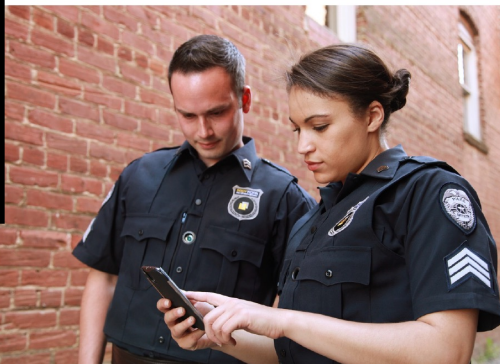
But technology has created a trail of evidence. *Children and teens are capturing nude photos or videos of each other and sending them from friend to friend, and that's landing them in court.*

"I think there has always been a sort of, you show me yours and I'll show you mine, and a curiosity there," Porter County, Ind., Prosecutor Brian Gensel said. "The problem now is the

because if a juvenile sends a picture of themselves to someone else,

ated now to the entire world within minutes."

of child pornography, Gensel said.



The students were caught when the 13-year-old girl's cell phone rang in class, and her

Students see consequences of dangerous actions!

TOPIC 11: Using Drugs #1

[Español \(Spanish\)](#)

THE FACTS ABOUT FENTANYL

Fentanyl is a synthetic opioid that **is up to 50 times stronger than heroin and 100 times stronger than morphine.**

It is a major contributor to fatal and nonfatal overdoses in the U.S.¹

There are two types of fentanyl: **pharmaceutical fentanyl** and **illegally made fentanyl**. Both are considered synthetic opioids. Pharmaceutical fentanyl is prescribed by doctors to treat severe pain, especially after surgery and for advanced-stage cancer.

Fentanyl is a synthetic opioid that is up to

50x
stronger than
heroin

100x
stronger than
morphine

Drinking Games & Binge Drinking #2

Binge Drinking Turning Deadly Article Highlights

<http://www.cbsnews.com/>

By **Brian Dakss** (CBS)

In early September, a candlelight vigil was held for 19-year-old Samantha S. The high school homecoming queen and Colorado State University freshman had gone on a binge - **consuming an estimated 30-40 drinks.**

There are 100 impacting articles included!!

TOPIC 4: Taking Bets and Dares #1

FDA issues Benadryl warning as it investigates reports of teen injuries and deaths linked to TikTok challenge

By Shelby Lin Erdman, CNN

<https://www.cnn.com/2020/09/25/health/fda-issues-benadryl-warning-tiktok-challenge-wellness/index.html>



Taking Bets and Dares #2

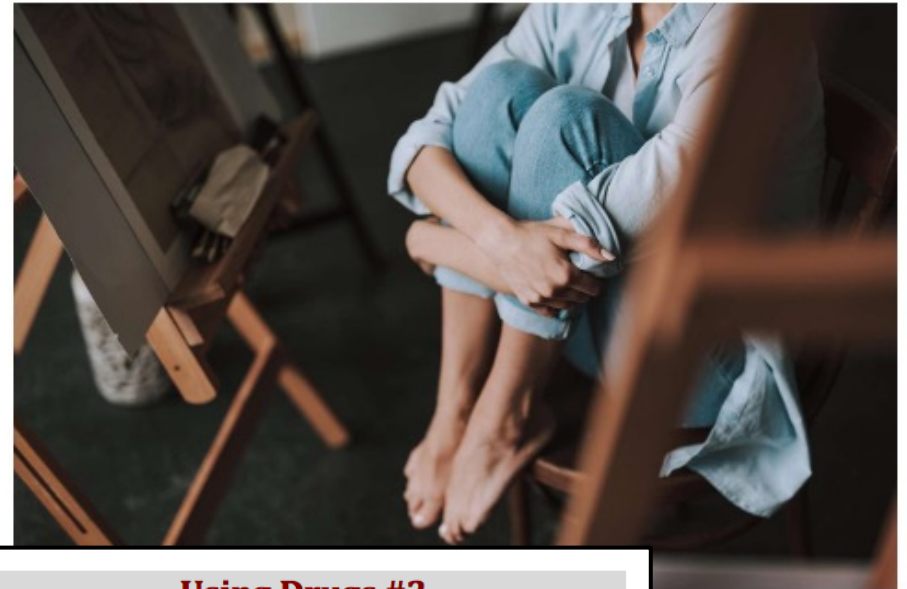
A 12-Year-Old Ohio Boy Is Dead After Participating In The Viral TikTok 'Blackout Challenge'

[Link](#)

The "blackout challenge" has been responsible for the deaths of 15 children ages 12 or younger in the past 18 months.

Cutting & Suicide #3

14 Things Therapists Need You to Know About Suicide



Using Drugs #3

Dust Off- A Serious Fatal Hazard (edited for a shorter read. Full article at: <http://www.truthorfiction.com/rumors/d/dustoff.htm>)

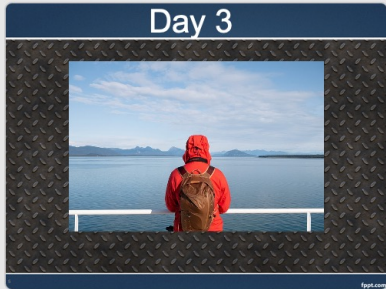
First I'm going to tell you a little about my family and me. My name is Jeff I am a Police Officer for a city which is known nationwide for its crime rate. We have a lot of gangs and drugs. I also have a police K-9 named Thor. He was certified in drugs and general duty. He retired at 3 years old because he was shot in the line of duty. He lives with us now and I still train with him because he likes it. I always liked the fact that there was no way to bring drugs into my house. Thor wouldn't allow it. He would tell on you. The reason I say this is so you understand that I know about drugs. I have taught in schools about drugs. My wife asks all our kids at least once a week if they used any drugs. Makes them promise they won't.

I like building computers occasionally and started building a new one in. I also was working on some of my older computers. They were full of dust so on one of my trips to the computer store I bought a 3-pack of DUST OFF. Dust Off is a can of compressed air to blow dust off a computer. A few weeks later when I went to use them they were all used. I talked to my kids and my 2 sons both said they had used them on their computer and messing around with them. I yelled at them for wasting the 10 dollars I paid for them.



people between ten and
tes, according to
tive, in 2017 twice as
addition, the CDC reports
nplated it.

Dangerous Decisions PowerPoint Walks You Through the Lesson!:



17

1. Name: Josh

+ If did well (3) / ✓ O.K. 2) / - did not do this (0)

Spoke loudly and slow 3

Used good eye contact 3

Gave useful information 2

Kept Focused 3

Total: 11 / 12

+ Group grade = 7 / 8

= 18 / 20

Your grade is a combination of your own sharing and your group's score.

Worked well as a group: Circle one:

8 - Collaborated well to plan presentation, all members taking an equal part, creative, interesting, and functioned smoothly in front of class

7 - Collaborated pretty well to plan presentation, most members taking an equal part, creative, interesting, and functioned fairly smoothly in front of class

6 - Collaborated O.K. to plan presentation, most members taking an equal part, creative, interesting, and functioned O.K. in front of class

5 - Made some efforts to collaborate and gave a presentation, but there were some problems with group work or in front of class

18



19



20



21



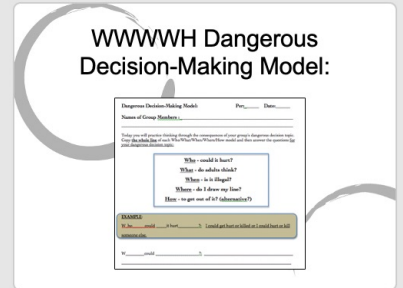
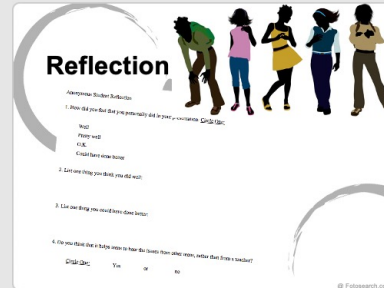
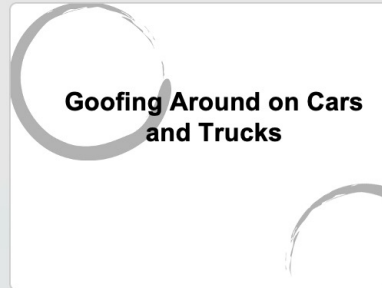
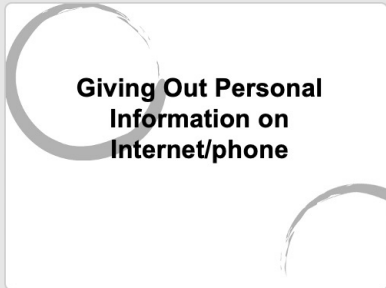
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23



24



Here are Examples From Each Version's Lessons:

Easy Version:

- Takes 1 day
- Students read on their own, and groups pass along envelopes of all the topics, but students get into groups of 4 near end of class to discuss 9 topics.

NAME: _____

Dangerous Decision Directions: Read one true story for each reasons why you should NOT do this activity.

To help you fill in the lines below, think through the WWWWH questions:

Who - could it hurt?

What - do adults think?

When - is it illegal? (See separate handout for laws)

Where - are my personal values on this activity?

How - can I get out of it? (Think of a good alternative)

1. **Cutting/Self-Mutilating/Suicide:** List 2 reasons why you should not do this

2. **Taking Bets and Dares:** List 2 reasons why you should not do this

3. **Sexting:** List 2 reasons why you should not do this



Mini Version:

Name: _____	Per. _____
Articles:	What is the problem with this activity, or <u>why</u> is it <u>unsafe</u> for teens? If article does not give any answers, put your opinion.)
Cutting and Self-Mutilating	Tell how <u>you</u> would get out of this situation or not even be in it in the first place.
Being Safe Around Water (Drowning, Boat Accidents)	
Driving at High Speeds	
Dangers of Teen Runaways and Homelessness	
The Choking Game	

-Can be done in 1 day, but 2 is better

-Students sit in own seat and articles are passed at timed intervals designated by teacher

Cutting & Suicide #2

Teen suicide: Hidden pain leads to tragic action

Imagine coming home from work, greeting the dog, and walking upstairs to find your son or daughter dead by their own hands.

The suicide of a child is a very sensitive and sometimes divisive subject for families.

But suicide is a growing concern. Suicide leaves a wake of victims.

Not long ago, 14-year-old Sydney S. killed herself. Her mother found her.

For Sydney's mom and sister, the range of emotions is raw. They can't bear even to go back to their home. They shared their story so other families can avoid the pain they are experiencing.

"It hurts and it's hard," said Sydney's mother, Laura. "But I was blessed to have her in my life for 14 years. And she would say to me, 'Mama, suck it up.'"

"Sucking it up" isn't so easy for a grieving mom.

Laura said that her daughter called her that day and talked to her on the phone.

"I love you, Mama. I promise you I am going to be all right. I am going to read my Bible. I love you and I will see you when you get home," Laura recalls Sydney saying.

Those were Sydney's last words to her mother.

Laura discovered Sydney dead in her bedroom. It was a suicide she'd never heard of. She was a suicide she'd never heard of. She was a suicide she'd never heard of.

"There were no signs," her mom says. "None. Never. Not even for the first attempt. None."

The first attempt was the red flag for Laura. It was Valentine's Day morning, Sydney's 17-year-old sister Colleen was in on her younger sister.

"I tried to open her door and it was locked," Colleen recalls. "She never looks her door and it scared me. I went through the bathroom. She had Band-Aids all over her. She took her Band-Aids off and showed me the holes. She had all cuts all over her neck. Marks all over, and I was scared."

Colleen says she yelled at her sister. "[I] told her she was crazy," Colleen recalls. "She just sat there, just as calm as she could be and said she didn't know what happened."



Sydney's family took her to the hospital, where the truth was revealed. She came home 10 days later.

"She had gotten into some medication," Laura says. "She tried to cut her throat many times and had stabbed herself in areas of her body."

"They told me she did it to herself. I broke down. I was devastated," Colleen says. "Something was wrong. You don't just wake up like that and do that. Something was going on."

"She never spoke about it again," Colleen says. "She told her close friends about it and never talked about it again," her Mom says.

"She told me some things she didn't want Mom to know and she looked me straight in the face and said, 'I love you and always will, but I didn't want to wake up the next morning. I was praying to God I would be gone before you all wake up,'" Colleen says.

Laura took Sydney to counseling. She says that Sydney was angry and that she made her go back.

"After she talked to the counselor, she said 'Thank you. It's nice to have someone listen to me. To just talk,'" Laura remembers. "I had doctors tell me she would never do it again. I had therapists tell me she would never do it again," Colleen, however, wasn't so sure and left home.

On April 5, Laura found Sydney. She had hanged herself from the attic in her bedroom.

Laura was devastated. "Even if I got there immediately, I have been told I would not be able to save my daughter's life," she says.

"I was more angry at the time when I found out than I was hurt, because running through my mind I knew my mom was going to be the first person to find her," Colleen says. "I just didn't know how she could do this to my mom at all."

The pain and confusion lead to the question everyone is still asking: Why? 14 years old. Beautiful. Athletic. Popular. "She had everything going for her. From my eyes she did," Colleen says. "The answer, however, is not black and white."

"She did not have any symptoms of anything. She was not clinically depressed. No medications. No drugs. She was a typical teenager," Laura says. "In the beginning, she was isolated a little bit and things had been going on and circumstances. She told me everything and got through it."

"There's only two people who know and that's God and her," she continues. "Laura says finding the reason why is not going to fix what happened to her daughter, or explain her daughter's actions."

"I can see her life as an example to the ones who are still here in my daughter's death. I hope and pray there will be many changes and there will be lives saved and something wonderful will come out of something so tragic." Laura says. She is working on a non-profit foundation called "Forever 4 Chances" to promote suicide awareness and counseling.

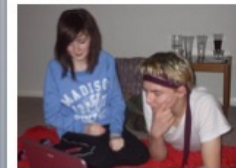
If you think about suicide, or suspect someone you know or love is depressed and contemplating suicide, there is help. Immediately consult a physician. There are also suicide help lines, with 24-hour service. Those numbers are 1-800-999-9999, 1-800-273-8255 and 1-800-273-1037.

For more information, go to www.ickelapreventsuicide.org.
<http://www.ckapreventsuicide.org> (http://www.ckapreventsuicide.org)

Taking Bets and Dares #1

The schoolgirl killed for a bet: Boy, 16, was dared by Facebook friends to murder in exchange for a free breakfast

By CLAIRE ELLICOTT



Relaxing with his girlfriend, he looks the picture of innocence. Yet not long after this picture was taken with Rebecca A. Joshua R. battered her to death. Josh, 16, dared his ex-girlfriend to a secluded spot where he killed her to win a bet over a free breakfast.

Welcomed into the family: Josh with Rebecca and her brother Jack. Rebecca even brought new clothes for the 'date' unaware Josh had been boasting to his friends how easy it would be to kill her. Rebecca, 15, and her mother Sonia had both been delighted when Josh, an academically gifted boy from a churchgoing family, arranged to meet her again.

When her daughter failed to come home, and her mom's reaction was to tell her sister not to worry adding: "She's safe, she's with Josh". By that time Rebecca had been bludgeoned with a rock the size of a rugby ball - and Josh was trying to cover his tracks on Facebook. He failed - and was yesterday found guilty of murder.

The chilling case highlighted how he used the Internet, text messages and an array of social networking sites to plot her death. A few weeks before the murder, one of his friends had joked that he would "buy him breakfast" if he carried out his threat.



Two days before he killed Rebecca, Josh told him: "You may have to buy me a breakfast."

Police mug shot of Josh after his arrest.

Rebecca's family issued a statement at Court saying their lives had "stopped" on the day in October 2010 when she was murdered. "Rebecca was killed in a senseless and barbaric act," they said. "She died at the hands of someone she loved and trusted. We will never forget what he did to her or forgive him for destroying our family."

The trial heard that two days before the murder Josh texted his friend to say: "Don't say anything but you may just owe me a breakfast."

Share-Out Version:

- Can be done in 3 days
- Students are in 9 diff groups (9 topics)
- They read and fill out article review sheets, then share stories with the group
- They plan as a group how they will share

NAME: _____
Share Out and TV Station Articles Worksheet

At least 2 title of articles you read:

- 1) _____
2) _____

Dangerous Decision Presentation Grading Rubric: 4. Name: _____
+ if did well (3) / ✓ O.K. 2) / - did not do this (0)

1. Name: _____
+ if did well (3) ✓ O.K. 2) / - did not do this (0) Spoke loudly and slow _____
Used good eye contact _____
Gave useful information _____
Kept focused _____

Spoke loudly and slow _____
Used good eye contact _____
Gave useful information _____
Kept focused _____

Total: _____
+ Group grade = _____

2. Name: _____
+ if did well (3) ✓ O.K. 2) / - did not do this (0)

Spoke loudly and slow _____
Used good eye contact _____
Gave useful information _____
Kept focused _____

Total: _____
+ Group grade = _____

3. Name: _____
+ if did well (3) ✓ O.K. 2) / - did not do this (0)

Spoke loudly and slow _____
Used good eye contact _____
Gave useful information _____
Kept focused _____

Total: _____
+ Group grade = _____

NAME: **EXAMPLE** _____
Share Out and TV Station Articles Worksheet

At least 2 title of articles you read:

1) **Teen's tongue pierced**

2) **Primal Teen: Tattoos**

*For full points, you must _____

1) **SUMMARY:** In complete sentences, summarize the article. (What were the reasons for the teen to be educated and safer?)

These articles talk about swollen tongues, exposed teeth, and ripped skin from jewelry. It can also leave permanent scars.

Another big danger is HIV.

1 in 5 piercings lead to a piercing!

Dangerous Decision-Making Model:

Names of Group Members: _____ Per: _____ Date: _____



★ TOPIC: _____

Today you will practice thinking through the consequences of your group's dangerous decision topic. Copy the whole line of each Who/What/When/Where/How model and then answer the questions for your dangerous decision topic:

Who - could it hurt?

What - do adults think?

When - is it illegal?

Where - do I draw my line?

(Where are my personal values on this?)

How - to get out of it? (alternative?)

EXAMPLE: Who could it hurt?: Me-I could get hurt or killed or I could hurt or kill someone else.

W _____ could _____?: _____

W _____ do _____?: _____



T.V. Newsroom Version:



- Can be done in 3-4 days
- (9 topics) shared as if it's a "T.V. Station with an "Anchor" and "Reporters."
- It takes more time, practice, and set up, but it's worth it.

ENGAGING!!

Dangerous Decision Presentation Grading Rubric: 4. Name: _____

1. Name: _____ + if did well (3) / ✓ O.K. 2) /

+ if did well (3) ✓ O.K. 2) / - did not do this (0) Spoke loudly and

Spoke loudly and slow _____
Used good eye contact _____
Gave useful information _____
Kept focused _____
Total: ____ / 12
+ Group grade = ____ / 8
= ____ / 20

2. Name: _____

+ if did well (3) ✓ O.K. 2) / - did

Spoke loudly and slow _____
Used good eye contact _____
Gave useful information _____
Kept focused _____
Total: ____ / 12
+ Group grade = ____ / 8
= ____ / 20

3. Name: _____

+ if did well (3) ✓ O.K. 2) / - did

Spoke loudly and slow _____
Used good eye contact _____
Gave useful information _____
Kept focused _____

NAME: **EXAM**
Share Out and TV Station

At least 2 title of articles

1) **Teen's tongue pie**

2) **Primal Teen: Tatt**

*For full points, you must

1) **SUMMARY:** In complete articles. (What were the to be educated and safer

These articles talk swollen tongues, ex ripped skin from jey It can also leave per

Another big danger or HIV.

1 in 5 piercings lead a piercing!)

Dangerous Decision-Making Model:

Per: _____ Date: _____

Names of Group Members : _____

★ TOPIC: _____

Today you will practice thinking through the consequences of your group's dangerous decision topic. Copy **the whole line** of each Who/What/When/Where/How model and then answer the questions for your dangerous decision topic.

Who - could it hurt?

What - do adults think?

When - is it illegal?

Where - do I draw my line?

(Where are my personal values on this?)

How - to get out of it? (alternative?)

EXAMPLE: Who could it hurt?: Me-I could get hurt or killed or I could hurt or kill someone else.

W _____ could _____?: _____

W _____ do _____?: _____



I videotaped myself teaching this lesson for a major certification I was working at getting and it turned out awesome!

Independent Online Version:

- Can be done online
- (15 topics)
- PowerPoint walks students step-by-step through the activities

Dangerous Decision Presentation Grading Rubric: 4. Name: _____

1. Name: _____ + if did well (3) / ✓ O.K. 2) / - did not do this (0)

+ if did well (3) ✓ O.K. 2) / - did not do this (0)

Spoke loudly and slow _____
 Used good eye contact _____
 Gave useful information _____
 Kept focused _____

Total: _____ / 12
 + Group grade = _____ / 8
 = _____ / 20

5. Name: _____

NAME: EXAMPLE PER: _____

Share Out and TV Station Articles Worksheet

At least 2 title of articles you read:

1) Teen's tongue piercing causes 'suicide disease'

2) Primal Teen: Tattoos and Body

Dangerous Decision-Making Model:

Names of Group Members : _____



TOPIC: _____

Today you will practice thinking through the topic. Copy the whole line of each Who/What questions for your dangerous decision topic:

Who -

What -

When -

Where -

(Where are my p

How -

EXAMPLE: Who could it hurt?: Me-I could g

W _____ could _____?:

W _____ do _____?:

NAME: _____

Articles Topic Summary

After reading a full topic of articles answer these questi

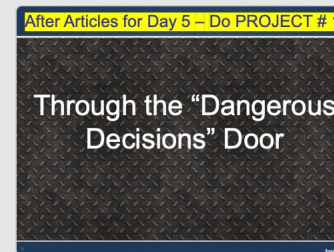
**For full points, you must have at least 30 words of reach*

1) **SUMMARY:** In complete sentences (unless it's a list) articles. (What were the articles about? What info to be educated and safer? If possible write some int

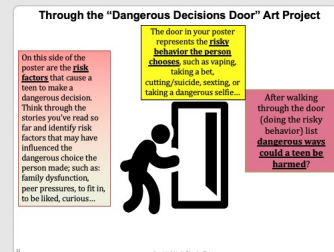
2) **THE PROBLEM WITH THIS IS:** In complete sentences with this activity, or why is it unsafe for teens? 30 word



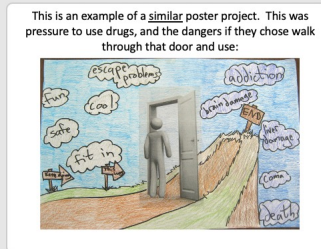
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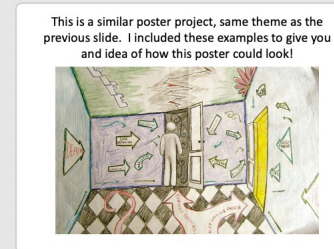
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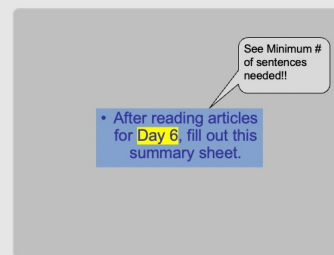
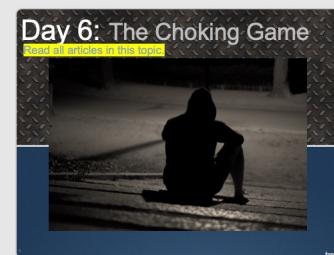
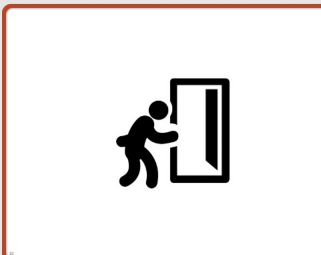
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Also Included:

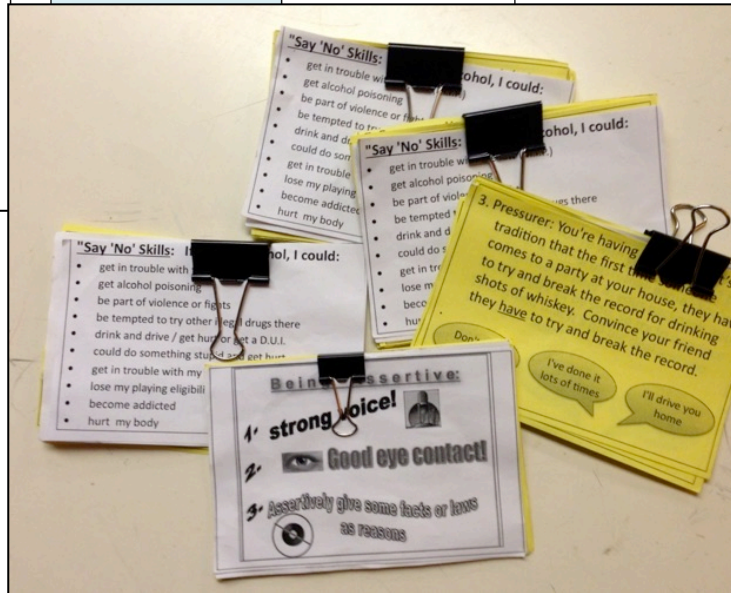
Dangerous Decision:		When is it Legal?	
		(The laws quoted are for the state of Washington- laws may vary slightly for your state)	
1	Cutting/Self-Mutilating/Suicide	If YOU get caught doing it: It is not illegal, but the person is a danger to themselves so the person could be taken to the hospital for a mental evaluation.	If you aid someone to do it: This is considered a self-crime.
2	Taking Bets and Dares	If you dared someone to jump off something, but then did not take a significant step in helping them to do it then there it would most likely not be any type of crime.	If the person was someone who was in a vulnerable state or limited mental capacity there might be a crime such as "Reckless Endangerment." (Which is a Misdemeanor)
3	Sexting (Sending things of sexual nature-pictures or words-by cell phone)	In most states, if it is two persons of the same age then nothing would be done if it was not sent for the purpose of harassing. But, Three states (Florida, Nebraska, and Utah) specify circumstances under which the minors involved could be charged with a felony.* If it is an adult to a minor then there is a crime of "Showing a Minor Pornography" and it could also be "Communicating with a Minor for Immoral Purposes. (Which is a Misdemeanor)	Pornography is anything that is sexual in nature: i.e. pictures, movies, written etc. and the child pornography charge is a Felony.

-Role-Play Task Cards!

- "Is it Legal" The state laws on these dangerous decisions

-Optional Homework

-Optional Art Rubric



Name: _____ Period: _____ Date: _____

Who - could it hurt?
What - do adults think?
When - is it illegal?
Where - Do I draw my line?
(Where are my personal values on this?)
How - can I get out of it? (Good alternative?)

1. A friend is staying over at your house. Your parents are gone for the night. When your friend is sure your parents are gone, they bring out some Oxycodone pills they stole from their mom. They say they've taken them before and it was fun and safe. Besides, their mom has a prescription for them, so they can't be dangerous. Should you do it?

W ~~X~~ _____ could ~~X~~ _____ ? ~~X~~ _____
W ~~X~~ _____ do ~~X~~ _____ ? ~~X~~ _____
W ~~X~~ _____ is ~~X~~ _____ ? ~~X~~ _____
W ~~X~~ _____ do I ~~X~~ _____ ? ~~X~~ _____
H ~~X~~ _____ to ~~X~~ _____ ? ~~X~~ _____

Daily Lessons Meet Learning Target Goals:

(This informational table is at the top of each lesson.)

Washington
State
Standards

Common
Core
Standards

Content
Learning
Target

Your
Own State
Standards

National
Health
Standards

Materials
Needed

Behavioral
Learning
Target

Easy Version: Individual Reading / Group Meet

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WA State Standards Met:

2.1.1 Evaluates dimensions of health and relates to personal health behaviors.

2.4.2 Evaluates emergency situations, ways to prevent injuries, and demonstrates skills to respond appropriately and safely.

3.3.1 Analyzes conflict situations

My State Standards Met:

National Standards Met: 1.12.1, 1.12.2, 1.12.3, 1.12.5, 1.12.7, 1.12.8, 1.12.9, 2.12.3, 2.12.4, 2.12.5, 2.12.6, 2.12.7, 2.12.8, 2.12.9, 4.12.1, 4.12.2, 4.12.3, 4.12.4, 5.12.1, 5.12.2, 5.12.3, 5.12.4, 5.12.5, 5.12.6, 5.12.7, 6.12.1, 7.12.1, 7.12.2, 7.12.3, 8.12.1, 8.12.2, 8.12.3, 8.12.4

Common Core Standards Met: Reading 2, 3, 4, 6 / Writing 4, 8, 9

Materials Needed:

Printed Materials	- "1. Easy Version Worksheet" - "When is it Illegal? Handout" - "Easy Share Out TV Articles"	- Print 1 for each student - Print 1 class set (<i>Be sure to see if your state laws are different for any of these topics</i>) - See specific directions below for how many to print
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Other Materials Optional: Construction paper and binder clips (See photo below)

Optional:

Video		
Learning Target	Content: I will learn the questions to ask in making decisions.	Behavioral: I will try to make healthy decisions in my life.

Exit Task	- Fill out "Success Criteria Sheet."	
Assessment	- The "Dangerous Decision Easy Version Worksheet" will be turned in and graded.	

Optional:
Lesson
Assessment

Optional:
Exit Task

This Program is all About the Students...

- ◆ The lessons are classroom and “kid-tested,” teacher-approved, and often full of real student examples and responses.
- ◆ It promotes high student engagement _____ and interaction!
- ◆ This curriculum challenges and touches the lives of teens!



Your Students Will Enjoy This Unit!

- ◆ Lessons are fun and all about them, topics are relevant, and touch their issues on a personal level.

- ◆ It's easy to teach!

- ◆ The topics meet your teens right where they are and address what they are dealing with!

Water Safety

Shaken Baby Syndrome

Sexting!

Cutting

High Speed Driving!

Drinking Games!

runaways

Choking Game

Bets + Dares

Suicide

Peer Pressures

True Stories

Decisions

Sun and Tanning

Drugs

Goofing Around on Vehicles

Guns

Is it legal?

Internet Safety

Buy it Today, Teach it Tomorrow!



Here is what makes this program unique!!

- ◆ This program features highly organized step-by-step teacher directions follow daily PowerPoints, and the directions tell you exactly to say!!
- ◆ Documents and PowerPoints are editable and docs are included in both Word and PDF formats.
- ◆ PowerPoints are full of what's photos, and video links appreciate.





About the Author:

- ◆ I've been a certified K-12 Physical Education and Language Arts teacher for over 30 years (19 of those years also include my Health certification). Over my teaching career I've taught all grade levels and a variety of subjects, including: Junior High P.E.; 8th Grade Reading; Elementary P.E.; 9th Grade English; 9th Grade P.E.; High School Aerobics; and 9th Grade Health. I have my Master's of Education Degree in Instructional Technology and I received my National Board Certification in Health.
- ◆ My hobbies include my family, photography, birding, reading, gardening, sewing, hiking, camping, and travelling.

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Works Cited:

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WA Standards From: <http://www.k12.wa.us/healthfitness/Standards.aspx>

NYC Standards From: <http://www.p12.nysed.gov/sss/schoolhealth/schoolhealtheducation/healthPEFACSLearningStandards.pdf>

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